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## U Michigan - Retinal Vascular Permeability

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**Protocol status:** Working

**We use this protocol and it's working**

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**Keywords:** Fluorescent dye (FITC-BSA), vascular permeability, retina, retinal vascular permeability summary, albumin leakage form blood vessels into the retina, measuring albumin leakage form blood vessel, retinal barrier, increased vessel leakage, vessel leakage, fluorescent dye

## Abstract

### Summary:

The vascular permeability is quantified by measuring albumin leakage form blood vessels into the retina. Fluorescent dye (FITC-BSA) is used to measure the breakdown in blood-retinal barrier to be detected when increased vessel leakage is extravasated into the interstitial space.



## Materials

### MATERIALS

⊗ Ketamine **Pfizer (Hospira) Catalog #0409-2051-05**

⊗ Xylazine **VetOne Catalog #510004**

⊗ Heparinized micro-cuvette **Sarstedt Catalog #Microvette 300 LH 20.1309.100**

⊗ 0.3 c.c. insulin syringe (31-gauge x 5/16") **Becton Dickinson (BD) Catalog #328440**

⊗ 1 c.c. syringe with ½" 27-gauge needle **Becton Dickinson (BD) Catalog #309623**

⊗ FITC-BSA (albumin-fluorescein isothiocyanate conjugate bovine) **Merck MilliporeSigma (Sigma-Aldrich) Catalog #A9771**

⊗ EZ Clip wound closure **Braintree Scientific Catalog #EZC KIT**

⊗ Blunt end needle (22-gauge x ½") **Weller Catalog #Kahnetics KDS2212P**

⊗ Saline **Baxter Catalog #2B1324X**

⊗ Triton-PBS (1%) **Merck MilliporeSigma (Sigma-Aldrich) Catalog #X100**

⊗ Microcentrifuge tubes **Denville Scientific Inc. Catalog #C2170**

⊗ 384-well microplate **greiner bio-one Catalog #Bio-One 781096**

### Reagent Preparation:

#### Reagent 1:

Ketamine/xylazine (90 and 10 mg/ml)

Procedure: Add 0.5 ml xylazine (100 mg/ml) to 4.5 ml ketamine (100 mg/ml)

#### Reagent 2:

FITC-BSA (100 mg/ml)

Procedure: Dissolve 1 g FITC-BSA in 10 ml sterile PBS, aliquots stored at -80°C and warmed to 37°C before use

#### Reagent 3:

Triton-PBS (1%)

Procedure: Dissolve 1 ml Triton X-100 in 100 ml PBS

### Note:

**Hospira, RRID:SCR\_003985**

**BD Biosciences, RRID:SCR\_013311**

**Baxter RRID:SCR\_003974**

**Sigma-Aldrich, RRID:SCR\_008988**

## Troubleshooting

- 1 Weigh animal and record body weight for anesthetic and dye injections
- 2 Anesthetize animal with ketamine/xylazine mixture
- 3 Make an incision on skin inside of the hind leg and carefully tear away the membranes to isolate the femoral vein
- 4 Inject FITC-BSA into the femoral vein at 2  $\mu$ l/g body weight (equal to 200 mg/kg body weight) using a 31-gauge 0.3 c.c. insulin syringe (vortex FITC-BSA before use)
- 5 Apply pressure on the injection site with a sterile gauze or cotton swab to stop bleeding
- 6 Staple the incision site and allow FITC-BSA to circulate for 2 hours
- 7 Anesthetize the animal again with ketamine/xylazine
- 8 Open the abdomen and draw 0.3 ml blood from the vena cava with a 27-gauge 1 c.c. syringe
- 9 Remove needle and expel blood into a heparinized micro-cuvette
- 10 Mix blood sample by gently reversing the tube several times and keep on ice
- 11 Open the chest cavity, cannulate the heart with a blunt end 22-gauge needle into the left ventricle and incise right atrium to release pressure
- 12 Perfuse with saline (warmed to 37°C) at 20 ml/min via the left ventricle for 2 minutes
- 13 Harvest the retina and place in a pre-weighed microcentrifuge tube. Rinse the harvest tools between samples to avoid cross contamination

- 14 Centrifuge the blood sample at 2,000 x g at 20°C for 15 minutes to separate plasma
- 15 Transfer the plasma to a new microcentrifuge tube and store at -80°C
- 16 Dry the retina samples with a Speed-Vac overnight
- 17 Weigh the microcentrifuge tube containing the dry retina to obtain the dry retina weight
- 18 Add 100 µl of 1% Triton-PBS to each retina and shake overnight to extract FITC-BSA
- 19 Vortex briefly, centrifuge the microcentrifuge tubes at 17,000 x g for 30 minutes and transfer supernatant to a new microcentrifuge tube
- 20 Dilute the plasma samples with 1% Triton-PBS
- 21 Dilute the stock FITC-BSA (100 mg/ml) with 1% Triton-PBS and make serial dilutions to obtain the FITC-BSA standards
- 22 Measure the standards (0.156 to 10 µg/ml), retina extract and diluted (1:900) plasma samples (20 µl/well, triplicate) in a 384-well black/clear bottom plate with a fluorescent plate reader (excitation 488 nm, emission 520 nm)
- 23 Calculate the FITC-BSA concentration of each sample with the standard curve

$$\text{Permeability } (\mu\text{l/g/h}) = \frac{(\text{Retina FITC-BSA } (\mu\text{g}) - \text{Autofluorescence}) / \text{Retina Weight (g)}}{\text{Plasma FITC-BSA Concentration } (\mu\text{g}/\mu\text{l}) \times \text{Circulation Time (h)}}$$

**NOTE:** The auto-fluorescence background of the retina from animal without FITC-BSA injection should be subtracted for the permeability calculation. Additional tip that improves efficiency.