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U Mass - Exercise model

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OPEN ACCESS

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External link:

<https://mmpc.org/shared/document.aspx?id=155&docType=Protocol>

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Protocol status: Working
We use this protocol and it's working

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ABSTRACT

Summary:

In-cage free running wheel is used to voluntarily induce exercise in awake mice. Exercise affects insulin sensitivity and glucose metabolism.

MATERIALS

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Running wheel Contributed by users

Keywords: Exercise, insulin sensitivity, glucose metabolism

1 Place running wheel inside mouse home cage.

2 Monitor mouse health.