Telerehabilitation in patients with respiratory tract diseases: protocol for a scoping review

Shunsuke Taito1, Kota Yamauchi2, Yuki Kataoka3

1Division of Rehabilitation, Department of Clinical Practice and Support, Hiroshima University Hospital, Kasumi 1-2-3, Minami-ku, Hiroshima, 734-8511 Japan, Systematic Review Workshop Peer Support Group (SRWS-PSG), Japan; 2Department of Rehabilitation, Steel Memorial Yawata Hospital, Fukuoka, Japan; 3Department of Internal Medicine, Kyoto Min-Iren Asukai Hospital

ABSTRACT

Background
Telerehabilitation is delivery of therapeutic rehabilitation at a distance or offsite using telecommunication technologies. However, telerehabilitation for respiratory diseases and respiratory infections is not known. During the COVID-19 pandemic, telerehabilitation may represent the first option for people at home. The COVID-19 is one of respiratory tract disease, and rapid and widespread transmission was demonstrated. Therefore, it is necessary consider telerehabilitation in patients with respiratory tract disease in the acute phase in hospital as well as chronic phase from the perspective of infection prevention.

Aim
The purpose of this scoping review is to assess the intervention program, safety and feasibility of telerehabilitation for patients with respiratory tract diseases in the COVID-19 era.

Methods and analysis
We describe this protocol that follows the PRISMA extension for scoping reviews (PRISMA-ScR) statement. We also use the scoping review framework by The Joanna Briggs Institute following five stage approach: (1) identify the research question; (2) identify relevant studies; (3) select studies; (4) chart the data and (5) collating, summarize and report the results.

Ethics and dissemination
In this scoping review, only data from previously conducted studies will be analyzed. We will publish this scoping review in peer-reviewed journals.

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Protocol status: Working
We use this protocol and it's working

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