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 qPCR

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We use this protocol and it's working

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Abstract

Standard protocol for RNA extraction and qPCR



RNA Extraction

- 1 Wash cells with PBS
- 2 Lyse cells in TRIzol (Invitrogen 15596018). For 1 well of a 6-well plate, use 300 μ L of TRIzol
- 3 Freeze TRIzol lysate or continue to the next step 
- 4 Use an RNA extraction kit, following manufacturer's recommendation (eg Zymo R2062)
- 5 Measure extracted RNA concentration and purity on a spectrophotometer
- 6 Store RNA at -80°C 

cDNA

- 7 Thaw RNA on ice if not continuing directly from step 5
- 8 Prepare the reverse transcription master mix as follows: 2X RT buffer (Thermo Scientific EP0752), 1mM each dNTP mix (Thermo Scientific #R0191), 10 μ M random hexamers (Thermo Scientific #SO142), 50 U Maxima H Minus Reverse Transcriptase per reaction (Thermo Scientific EP0752), and nuclease free water up to 10 μ L per reaction.
- 9 In a PCR tube, add 1 μ g of RNA and nuclease free water up to 10 μ L. The amount of RNA can be lowered if RNA concentration is low.
- 10 Add 10 μ L of the master mix from step 8 to each sample
- 11 Incubate for 10 minutes at 25°C
- 12 Incubate for 30 minutes at 50°C



13 Store cDNA at -20°C



qPCR

14 Thaw cDNA on ice if not continuing directly from step 12

15 Dilute cDNA 1:10 in nuclease free water

16 Prepare primer mixes with 10uM of forward primer and 10uM of reverse primer in nuclease free water

17 In each well of a 384 well plate, combine 2X PowerUp SYBR Green Master Mix (Applied Biosystems A25741), 1uM each of forward and reverse primers, and diluted cDNA to a final volume of 10uL.

18 Run qPCR with the following cycle:

18.1 2 minutes at 50°C

18.2 10 minutes at 95°C

18.3 40 cycles of 15 seconds at 95°C and 1 minute at 60°C

18.4 Optionally, include a melting curve stage: 15 seconds at °C, 1 minute at 60°C and a gradual increase of 0.05°C/second back to 95°C

19 Analyze using the $\Delta\Delta C_t$ method