ABSTRACT

The aim of the study is to evaluate prevalence of Staphylococcus aureus in a youth population. This samples will be connected to other possible risk factors for Staphylococcus aureus carriage.

MATERIALS

Sterile NaCl 9 mg/ml (0.9%) B.Braun Medical Inc
Sterile rayon-tipped swab Puritan
Transport medium - Amies Copan Contributed by users
Tongue spatula - wood Contributed by users
Hand disinfection Antibac
4 sterile rayon-tipped swabs for each participant
BEFORE START INSTRUCTIONS

Wash hands with soap and water or use hand disinfection to prevent contamination of the samples. The examiner should use facemask to protect the participant if necessary. If the participant has secretion from the nasal cavity, the participant should blow ones nose before sampling.

Nasal samples

1. Moisture the rayon-tipped swab in 2-3 drops of sterile NaCl 0,9 mg/ml. There should be two samples from the nasal cavity.

2. Lead the rayon-tipped swab carefully into the nasal cavity approximately 1-2 cm and rotate with delicate pressure 3 times in both nasal cavity. The same swab should be used for both anterior nares.

3. Place both swabs in the Coban transport medium.

4. Label the transport medium with testnumber and nasal swab 1 and 2.

5. Wash hands with soap and water or use hand disinfection after procedure.

Throat samples

6. Moisture the rayon-tipped swab in 2-3 drops of sterile NaCl 0,9 mg/ml. There should be two samples from the throat.
Ask the participant to open his/her mouth. Press the tongue spatula against the tongue and ask the participant to say "aaa". This will simplify the sampling because this will better the view of the tonsil region.

Lead the rayon-tipped swab into the oral cavity and swab with moderate pressure on both tonsil regions (palatine tonsils). If the participant has had a former tonsillectomy/tonsillotomy the swab should be taken from the area of the removed tonsils. Use the same swab on both tonsils.

Place both swabs in the Coban transport medium.

Label the transport medium with test number and throat swab 1 and 2.

Wash hands with soap and water or use hand disinfection after procedure.

The swabs should be placed in a suitable rack. If not picked up immediately, the samples should be placed in refrigerator awaiting pickup.