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protocol Animal-Assisted Therapy

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Protocol status: Working

We use this protocol and it's working

Created: March 21, 2022



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Keywords: protocol animal, assisted therapy human, therapist interaction, assisted therapy, animal interaction, psychological health, animal, beneficial for the psychological health, client, aat, protocol

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Abstract

Human-animal interactions are considered as being valuable and beneficial for the psychological health. Recently Animal-Assisted Therapy (AAT) has been included for client-therapist interaction.



Animal-Assisted Therapy

1w 1d 12h

- | | | | |
|---|---------------|--|-----------|
| 1 | Session one | Introduction, briefing, primary assessing and introduction to the course | 1d 1h 30m |
| 2 | Session two | Giving an introduction about animals and their specific characteristics | 1d 1h 30m |
| 3 | Session three | Taking children to the place that animals were kept | 1d 1h 30m |
| 4 | Session four | Spending time in the place that animals were kept, talking about them and how to communicate with them | 1d 1h 30m |
| 5 | Session five | Convincing children to come closer and touch and pet them | 1d 1h 30m |
| 6 | Session six | Playing with animal and feeding them | 1d 1h 30m |
| 7 | Session seven | Participation in activities like washing and feeding the animals | 1d 1h 30m |
| 8 | Session eight | Summarizing, giving feedback, and post-test | 1d 1h 30m |