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🌐 Plant nuclei extraction protocol for single nuclei RNA-seq V.1

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Protocol status: Working

We use this protocol and it's working

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Abstract

This protocol describes plant nuclei extraction suitable for single nuclei RNAseq and Multiome approach (RNAseq + ATACseq).

Tested on Arabidopsis, Medicago, Maize, Sorghum, Millet, Tomato, Date palm, roots, leaves and nodules and for multiple snRNAseq platforms such as 10x genomics, Rhapsody, Scale.



Guidelines

- If possible, extract nuclei from fresh plant tissue, this will ensure the highest quality in nuclei integrity and mRNA contents. However, studies have been published using nuclei from samples directly frozen in liquid nitrogen, or conserved in RNA later.
- If frozen in RNA later, roots are first washed 2 times in a round petri dish of water to remove the RNA later.
- Adjusting the amount of starting material is critical to avoid too many debris. Only 15-30mg of fresh roots or leaves is usually enough to get about 50-80k nuclei.
- **All** steps should be performed on ice and centrifugations at 4°C
- The use of a **Bucket Centrifuge** is crucial to ensure that all the nuclei pellet nicely in the very bottom of the Eppendorf. We usually use 15ml falcon tube and just put the 1.5ml Eppendorf on top of it to centrifuge.
- The procedure should be carried **as fast as possible (usually about 40mins)**.
We are seeing decrease in quality (#UMI, #genes per nuclei) already if the extraction takes more than 1h30. We recommend to practice ahead to get it done in 40mins (after nuclei counting it takes about 30mins more to prep the 10x chip and chromium).
- For practice and training of the protocol, DEPC and RNase inhibitor can be avoided, as they are expensive and will only preserve RNA. So if the samples won't be sequenced no need to use.
- All nuclei extraction buffers can be made in advance, filter sterilized at 0.22um, aliquoted and frozen at -20°C for months, only add the ingredients with a * after thawing them the day of the extraction.

Materials

Specific material necessary for predigestion, if needed:

- Small petri dish plastic 30mm diam
- Cell strainers 40um or 70um (example: ref VWR 732-2757)
- Vacuum chamber.
- Horizontal agitator/shaker (90 rpm)
- Tweezer
- Towel paper
- Small spatula
- Nuclei lysis buffer and ice

a. Enzyme mix solutions:

- Cellulases and Macerozyme from Yakult pharmaceutical (<https://www.yakult.co.jp/ypi/en/product.html>).
- Y23 depends on the available provider.

Maize Protoplasting solution (»1ml per sample)

	A	B	C
	Components	Final concentration	For 10ml
	Mannitol	400mM, 8%	728mg
	MES 1M (keep frozen)	20mM	200ul
	KCL 1M	20mM	200ul
	Cellulase RS (Not for Arabidopsis)	2%	200mg
	Cellulase R-10	1.20%	120mg
	Pectolyase Y23 (Not for Arabidopsis)	0.40%	40mg
	Macerozyme R-10	0.40%	40mg
	CaCl ₂ 1M	40mM	400ul
	pH 5.8 with tris 1M pH8		
	BSA 10% (keep frozen)	100ug/ml	10ul



A	B	C
Filter the solution with a syringe and a 0.35-0.45um filter		

Post enzymes Washing buffer

A	B	C	D
Components	Final [C]	For 10ml	unit
Mannitol	400mM, 8%	728	mg
MES 1M	20mM	200	ul
KCL 1M	10mM	100	ul
CaCl ₂ 1M	10mM	100	ul
pH 5.8 with Tris 1M pH8			
BSA 10% (keep frozen)	100ug/ml	10	ul

Specific material necessary (nuclei extraction):

- Single edge Razor Blades (Gravey, 40475)
- Small petri dish plastic 60mm diam
- Blue plastic pestles
- Filter 20um (CellTrics, 04-0042-2315)
- Filter 10um (PluriSelect 43-10010-50)
- 1.5ml Eppendorf
- Bucket Centrifuge at 4°C
- Hemocytometer 0.1mm
- DAPI (for nuclei counting); mmq/Milli-Q water for dilutions
- Washing buffer; Final buffer
- Optional: Sucrose cushion buffer (washing buffer formulated with 1.7 M sucrose) for additional debris/chloroplast removal

Additional materials for nuclei counting:

- Fluorescence microscope with DAPI filter (40x–63x magnification)
- Normal coverslips (use instead of the thick hemocytometer coverslip for 63x imaging)

Specific material necessary (Scale sample Fixation):

- Bucket Centrifuge at 4°C
- Methanol 100%
- DMSO
- DEPC
- ScaleBio Sample Fixation Kit – Module A (PN 2020002) Wash buffer at –20°C (can be frozen again after use)
- ScaleBio Sample Fixation Kit – Module B (PN 2020003) Fixation Reagent at 4°C
- Your sample cells or nuclei in 50 µl of Final Buffer
- 0.2-ml PCR tubes (for counting aliquots)

All nuclei extraction buffers can be made in advance, filter sterilized at 0.22µm, aliquoted and frozen at -20°C for months, only add the ingredients with a * after thawing them the day of the extraction.

For practice and training of the protocol, DEPC and RNase inhibitor can be avoided, as they are expensive and will only preserve RNA. So if the samples won't be sequenced no need to use.

Lysis Buffer (600ul per sample)

	A	B	C	D	E
	Lysis Buffer	Ref	Stock Solution	Per ml	What for ?
	Rnase free mmq water			500ul	solvent
	0.3M Sucrose	fisher C12H22011	2.5M/solid	120ul/102mg	Nuclei integrity
	1.25% Ficoll	Sigma F4375	solid	12.5mg	Nuclei integrity
	2.5% Dextran T40	Sigma 31389	solid	25mg	Nuclei integrity
	15mM Tris HCl pH8	Sigma T2694	1M	15ul	Lysing cells
	20mM MES	Sigma M8250	Make 1M in Rnase free water	20ul	Buffer pH
	10mM MgCl ₂	Sigma 63069	1M	10ul	Lysing cells
	60mM KCl	Sigma P5405	Make 1M in Rnase free water	60ul	Keep nuclei in the same isotonicity
	15mM NaCl	Sigma S3014	Make 5M in Rnase free water	3ul	Keep nuclei in same isotonicity



	A	B	C	D	E
	Spermine 0.5mM	Sigma S3256-1G	Make 100mM in Rnase free water	5ul	Nuclei intergrity
	Spermidine 0.5mM	Sigma S0266-1G	Make 1M in Rnase free water	0.5ul	Nuclei intergrity
	0.1% Triton X-100	Sigma X100	10%	10ul	Detergent
	Rnase free mmq water			to 1ml	
	Add last minute *				
	1%DEPC *	VWR E174	pur	10ul	RNAse Inhibitor
	5mM DTT*	Biochemica A1101	1M	5µl	antioxydant
	1mM PMSF* (only stable for 30mins)	Sigma 110-5GM in ethanol	0.1M	10µl	Protease inhibitor
	1% Plant Protease Inhibitors* 1ml	Sigma P9599	100%	10µl	Protease inhibitor
	BSA 0.4%* If nuclei are clumping you can incease the BSA up to 1%	Sigma A3912	10%	40ul	Avoid nuclei aggregation
	RNAse inhibitor 0.4u/ul*	promega N26	40u/µl	10ul	RNAse inhibitor

Washing Buffer (500ul per sample)

	A	B	C	D
	Washing Buffer	Ref (same as lysis)	Stock Solution	Per ml
	Rnase free mmq water			500ul
	0.3M sucrose		2.5M	120ul
	15mM Tris HCl pH8		1M	15ul
	60mM KCl		1M	60ul
	15mM NaCl		5M	3ul



	A	B	C	D
	2mM EDTA	Millipore 324504	0.5M	4ul
	Spermine 0.5mM		100mM	5ul
	Spermidine 0.5mM		1M	0.5ul
	15mM MES		1M	15ul
	0.1% Triton		10%	10ul
	Rnase free mmq water			to 1ml
	* Add last minute			
	5mM DTT*		1M	5μl
	1mM PMSF* (only stable for 30mins)		0.1M	10ul
	1% Plant Protease Inhibitors*		100%	10μl
	BSA 0.4%*		10%	40ul
	RNase inhibitor 0.2u/ul*		40u/μl	5ul

Final Buffer (100ul per sample)

	A	B	C	D
	Final Buffer	Ref (same as lysis)	Stock Solution	Per ml
	Rnase free mmq water			500ul
	0.3M sucrose		2.5M	120ul
	15mM Tris HCl pH8		1M	15ul
	60mM KCl		1M	60ul
	15mM NaCl		5M	3ul
	Spermine 0.5mM		100mM	5ul
	Spermidine 0.5mM		1M	0.5ul
	15mM MES		1M	15ul



	A	B	C	D
	Rnase free mmq water			to 1ml
	*Add last minute			
	5mM DTT*		1M	5μl
	0.1% Plant Protease Inhibitors*		100%	1μl
	BSA 1%*		10%	100ul
	RNase inhibitor 0.2u/ul*		40u/μl	5ul

Safety warnings



First step require DEPC in the lysis buffer to remove RNase, DEPC is toxic so the first step should be conducted under fume hood. Washing and final buffer don't have DEPC and these steps can be conducted at the bench.



Enzymatic pre-digestion for nuclei extraction

30m

- 1 *Optional: this step help soften the cell wall resulting in less debris and better nuclei quality. But it can induce transcriptional changes as samples are incubated in enzymes for 10-30mins.*
- 2 In a 30mm diam Petry dish, place in $\approx$ 1ml enzyme solution and put your fresh sample. Example: cut the root tips (3-4 mm) or leaves with small scissors or a surgical blade. Cut them in smaller pieces of about 1mm. Start timer
- 3 Place in a vacuum chamber for 1min, break vacuum and vacuum for another 1min
- 4 Incubate at room temperature on a horizontal agitator at 90 rpm.
- 5 Incubate for $\approx$ 20mins. Time should be adjusted to the different samples, Nodules 30mins, Roots 10-15mins, leaves about 20mins etc...
- 6 Transfer the samples into a cell strainer by just poring the solution with enzyme or helping with a tweezer.
- 7 Place the cell strainer on towel paper to get most of the enzyme out
- 8 Transfer the cell strainer in a new 30mm diam Petry dish containing 2ml of post-enzyme washing buffer. Agitate
- 9 Place the cell strainer on towel paper to get more of the enzyme on the filter
- 10 Transfer the cell strainer in a new 30mm diam Petry dish containing 2ml of post-enzyme washing buffer. Agitate.
- 11 Place the cell strainer on towel paper and with a small spatula transfer your sample into **300ul** of nuclei lysis buffer on ice for extraction. Proceed to nuclei extraction, step 12.

*

Nuclei extraction

40m

- 12 Roots are transferred into a pre-chilled plastic petri dish (60mm diam) on ice with **300ul** of lysis buffer. Roots are then chopped using 2 razor blades for at least 5mins on ice, until not big pieces are visible.
- 13 Samples are transferred using a P1000 into a pre-chilled 1.5ml Eppendorf with pre-chilled blue plastic pestle, (If low amount of material the petri dish is washed with **100ul** of lysis buffer and transfer to the Eppendorf). 20 movement up-down with twisting are performed using the blue pestle to further grind the samples.
- 14 Let the samples on ice about 2–3mins on ice to finish the lysis of the cells. After 2–3mins make 10 more movements with the pestle, to release the rest of the nuclei.
- 15 Samples are then filtered at 20um (CellTrics, 04-0042-2315) into a prechilled 1.5ml Eppendorf. **200ul** of lysis buffer are used to wash the remains of the tissues from the filter. Shake the tube gently to get every drop of liquid in the tube.
- 16 Centrifuge samples at 500g (maize) or 1000g (Arabidopsis) for 10 mins at 4°C in a **bucket** centrifuge.
- 17 Remove supernatant without disrupting the pellet, leaving only a few ul.
- 18 Add **500ul** of washing buffer and gently resuspend the nuclei with a P1000 until no clumps are visible.
- 19 Samples are centrifugated at 500g (maize) or 1000g (Arabidopsis) for 5 mins at 4°C in a **bucket** centrifuge.
- 20 Remove supernatant without disrupting the pellet, leaving only a few ul.
- 21 Add **50ul** of Final buffer and flick the tube with the finger to resuspend the nuclei. Or pipette gently.
- 22 If using the 10X genomics multiome kit, **Do not use Final Buffer**. Resuspend the nuclei in the multiome provided nuclei buffer
- 23 Filter the sample on a 10um strainer (PluriSelect 43-10010-50) on a fresh pre-chilled 1.5ml Eppendorf, make pressure with you thumb on top of the filter to make the liquid go through. If low material washes the tube and the filter with additional **10ul** of Final buffer.
- 24 If using scale Proceed to next protocol for fixation (Step 39)

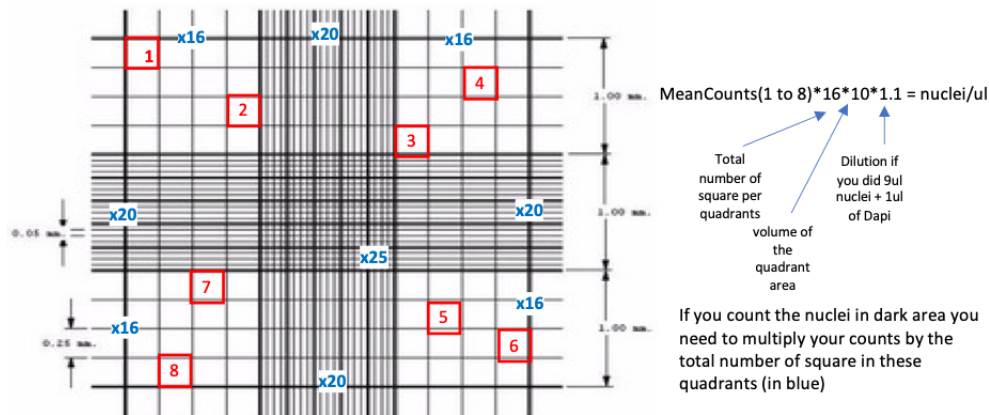


- 25 Use 9ul of the final volume to count nuclei on a Hemocytometer **0.1mm** with DAPI at 40x or even 63x.
You need to use a normal coverslip not the one provided with the hemocytometer (too thick for 63x).
- 26 DAPI — Stain with DAPI at 300 nM final [C].
Stock Solution 1: make a 10mg/mL DAPI stock solution in mmq water.
Stock Solution 2: add 1ul of Stock Solution 1 in 499ul of mmq Water
Stock Solution 3: add 1 ul of Stock Solution 2 in 99 ul of mmq Water (Can be kept 6month at 4°C)
Working solution Add 1ul of Stock solution 3 in 9ul of Purified nuclei

Counting the nuclei

10m

27



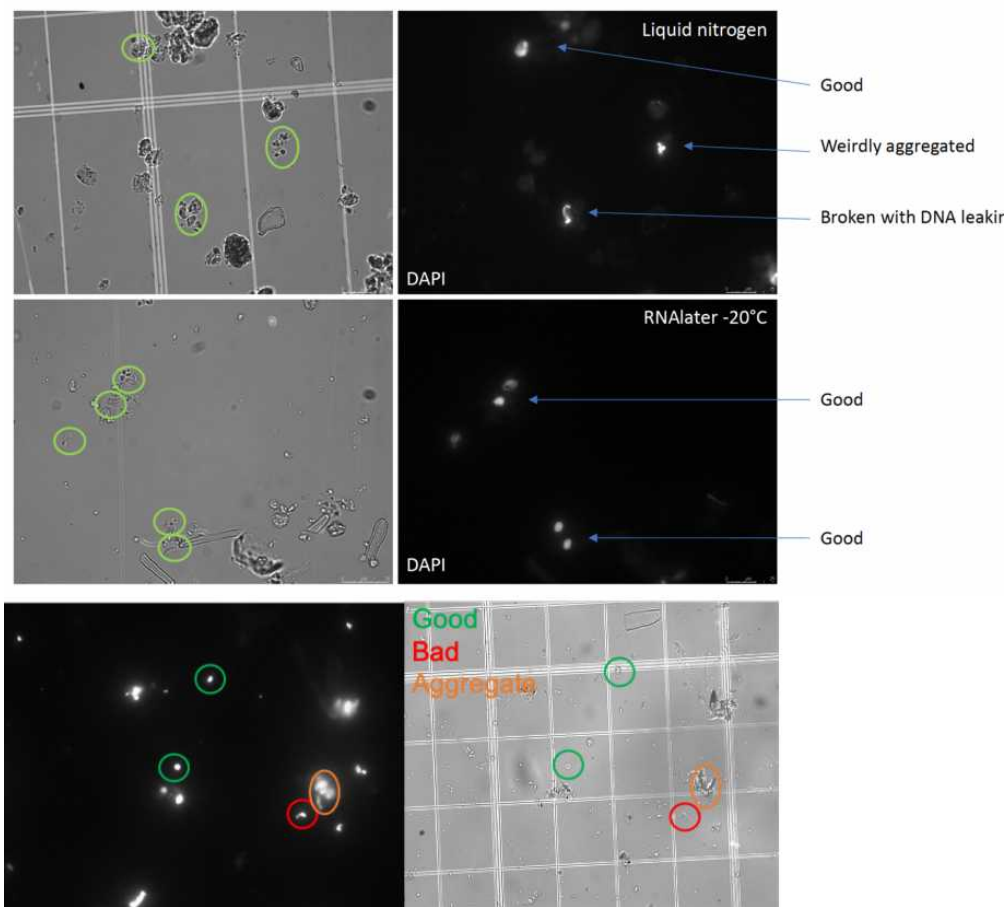
Hemocytometer counting of the nuclei

- 28 On a fluorescent microscope focus on one red square in bright field at 63x but you need to use a normal coverslip not the one provided with the hemocytometer (too thick for 63x).
Remember by eye the border of the square you focus on, switch to DAPI filter and fluorescent.
- 29 Count the number of well-rounded nuclei within the field of view within the approximate border of the square. **Only count the well rounded one (see pictures below) ! Broken nuclei don't have RNA inside anymore.**

Nuclei like to stick on the coverslip and the bottom of the hemocytometer. Change the z while counting to make sure you count every nucleus.

- 30 Switch back to bright field and move to the next square for a new counting. Repeat from step 2. NB: depending to your microscope you can have BF on with the Dapi filter and the fluorescent lamp on. If you use very low BF light, you can see the lines of the hemocytometer and the fluorescent nuclei. So, it's easier to count within the square border.
- 31 Count randomly six to eight red square (see example above) and calculate your nuclei concentration:
Average of nuclei per square * 16 * 10 * dilution give you the number of nuclei per ul of final buffer.
- 32 If you count the nuclei in the inner grid area you need to multiply your counts by the total number of square in these quadrants (in blue).

33



After counting and adjusting concentration



- 34 **Don't add more than 15ul of nuclei in the 10x master mix.** Too much nuclei buffer can disturb cDNA synthesis. Add the nuclei in the 10X master mix at the very last minute, just before loading into the 10x Chromium controller. Add the appropriate amount of nuclei and mix gently by pipetting. Nuclei or plant cells don't like the 10x master mix and can become quite unstable in it.
- 35 Depending on the concentration, nuclei can be diluted or concentrated by centrifugation at 500g for 3mins and removing the supernatant. Adjust the concentration to about 2,000–4,000 nuclei per ul. From about 15 mg we can easily get about 50,000 nuclei. Only 16,000 nuclei are necessary for a 10x run.

Additional purification if needed:

- 36 If your sample looks too dirty at the end (e.g., too many debris or chloroplast), two strategies can be tried.
- 37 In step 17 and step 20, centrifuge the samples for 3min at 50g to pellet the debris. Transfer the supernatant into a new tube (leaving about 50ul to make sure you don't take any debris) then perform step 17 or 20.
- 38 Sucrose cushion strategy (after step 19):
- 38.1 Add 200ul of washing buffer and pipette to resuspend the pellet. Then in another 1.5ml Eppendorf put **VERY SLOWLY** the 200ul resuspended nuclei on top of 500ul cushion buffer (same composition as the washing buffer but with 1.7M sucrose instead of 0.3M).
- 38.2 Centrifuge for 5min at 4°C at 1000g.
- 38.3 Remove the supernatant; the nuclei should have pelleted in the very bottom and the chloroplast stays in the supernatant. Remove as much buffer as possible and proceed to step 19 again or 22.

Scale Fixation procedure for small samples

- 39 **Prepare Complete nuclei Fixation Solution** In a chemical fume hood, reconstitute Fixation Reagent by adding 50 µL DMSO to one Fixation Reagent tube. Fixation Reagent is lyophilized at the bottom of the tube and appears as a white pellet. Dissolve tube contents by repeatedly vortexing at high speed. Repeat until all solids are fully dissolved; this may take up to several minutes. Ensure that all solids are fully dissolved before proceeding.

After fixation, leftover reconstituted Fixation Reagent can be stored at -20°C for the next fixation.

40 For each sample mix:

- 222 μL of Methanol
- 5.5 μL of reconstituted Fixation Reagent
- 2.2 μL of DEPC

Vortex mix and keep on ice.

Use immediately.

41 Fixation:

Add rapidly 200 μL of the Complete Fixation Solution to the 1.5-mL tube containing the resuspended cell/nuclei in 50 μL of Final Buffer and pipette strongly up and down four times to mix. *This is important to avoid the nuclei/cells sticking to each other and get fixed as clumps.*

42 Incubate the tube on ice for 15 minutes. *A white precipitate should appear; this is normal. Just mix every 5 minutes by inverting the tube on ice.*

43 Add 500 μL of scale Wash Buffer and resuspend cells by flicking the tube. *The white precipitate should disappear.*

44 Centrifuge the tube at 500–1000g (Maize–Arabidopsis) for 5 min at 4°C . Note: Nuclei or small cells can be centrifuged for 8–10 minutes to maximize recovery, or increase the speed.

45 Carefully remove supernatant without disturbing the pellet, leaving ~ 30 μL of residual volume.

46 Add 250 μL of scale Wash Buffer and resuspend the cells by flicking the tube.

47 Centrifuge the tube at 500–1000g (Maize–Arabidopsis) for 5 minutes at 4°C .

48 Carefully remove supernatant without disturbing the pellet, leaving ~ 20 – 30 μL of residual volume; resuspend by flicking the tube.

49 Take 2–5 μL in a 0.2-ml PCR tube for counting.

50 Freeze the rest of the samples at -80°C until use.



Protocol references

Detailed from

Guillotin B, Rahni R, Passalacqua M, Mohammed A, Xu, X, et al., Birnbaum, K. (2023). A pan-grass transcriptome reveals patterns of cellular divergence in crops. *Nature*. Doi:[10.1038/s41586-023-06053-0](https://doi.org/10.1038/s41586-023-06053-0)