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<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>

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We use this protocol and it's working

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Pillowcase & rubber band DIY face mask V.1

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ABSTRACT

Wearing a face mask helps stop the spread of the new coronavirus. This protocol describes a very simple way to make one at home using a cotton pillowcase, 2 rubber bands, and a minute of your time.

BEFORE START INSTRUCTIONS

Cut a cotton pillowcase into 4 ~equally sized pieces.

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mask

- 1 Start with a ~14 inch x ~20 inch (~36 cm x ~51 cm) pillowcase piece and 2 rubber bands.

- 2 Fold the fabric twice along the longer edge.

- 3 Insert both ends of the folded piece through a rubber band.

2 long twisted rubber bands as shown below were used above.

- 4** Fold both outer "flaps" back to the middle creating a total of 9 fabric protection layers.

Secure the mask behind your ears.

- 5 Wash the fabric by boiling it in salty water for 5 min after each use. Dry it thoroughly before using it again.