Nov 21, 2020 Version 2

PBMC- 02 - CD4+ T cell Isolation from PBMC with "Dynabeads CD4 Positive Isolation Kit" V.2

DOI

dx.doi.org/10.17504/protocols.io.bpxqmpmw

Marco Cosentino¹, Elisa Storelli¹, Alessandra Luini¹, Massimiliano LM Legnaro¹, Emanuela Rasini¹, Marco Ferrari¹, Franca Marino¹

¹Center for Research in Medical Pharmacology, University of Insubria (Varese, Italy)



Farmacologia Medica



DOI: dx.doi.org/10.17504/protocols.io.bpxqmpmw

Protocol Citation: Marco Cosentino, Elisa Storelli, Alessandra Luini, Massimiliano LM Legnaro, Emanuela Rasini, Marco Ferrari, Franca Marino 2020. PBMC- 02 - CD4+ T cell Isolation from PBMC with "Dynabeads CD4 Positive Isolation Kit". **protocols.io** <u>https://dx.doi.org/10.17504/protocols.io.bpxqmpmw</u>Version created by <u>Farmacologia Medica</u>

License: This is an open access protocol distributed under the terms of the <u>Creative Commons Attribution License</u>, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited

Protocol status: Working We use this protocol and it's working

Created: November 21, 2020

Last Modified: November 21, 2020

Protocol Integer ID: 44752

Abstract

List of published works using this protocol:

- Kustrimovic N., Comi C., Magistrelli L., Rasini E., Legnaro M., Bombelli R., Aleksic I., Blandini F., Minafra B., Riboldazzi G., Struchio A., Mauri M., Bono G., Marino F., Cosentino M. Parkinson's disease patients have a complex phenotypic and functional Th1 bias: cross-sectional studies of CD4+ Th1/Th2/T17 and Treg in drug-naïve and drug-treated patients (2018). Journal of neuroinflammation, 15(1), 205. <u>https://doi.org/10.1186/s12974-018-1248-8</u>

- Kustrimovic, N., Rasini, E., Legnaro, M., Bombelli, R., Aleksic, I., Blandini, F., Comi, C., Mauri, M., Minafra, B., Riboldazzi, G., Sanchez-Guajardo, V., Marino, F., & Cosentino, M. (2016). Dopaminergic Receptors on CD4+ T Naive and Memory Lymphocytes Correlate with Motor Impairment in Patients with Parkinson's Disease. Scientific reports, 6, 33738. <u>https://doi.org/10.1038/srep33738</u>

- Cosentino M., Ferrari M., Kustrimovic N., Rasini E., Marino F. (2015). Influence of dopamine receptor gene polymorphisms on circulating T lymphocytes: A pilot study in healthy subjects. Human immunology, 76, 10, 747-752. <u>https://doi.org/10.1016/j.humimm.2015.09.032</u>

Materials

MATERIALS

🔀 Dynabeads™ CD4 Positive Isolation Kit Thermo Fisher Catalog #11331D

X Fetal Bovine Serum (FBS) EuroClone Catalog #ECS0180L-500 ml

🔀 RPMI 1640 EuroClone Catalog #ECM 0495L- 500 ml

BSA Sigma Aldrich Catalog #A2153

BD tubes **Becton-Dickinson Catalog** #352054

Instrumentation required:

a.Magnet (DynaMag™) b.Sample Mixer with rotation c.Laminar flow hood

Before start

If you need to obtain **CD4+ T cell for subsequent cell culture**, make sure you are using **sterile buffers** and **sterile plastic disposables** as well. Moreover, **work under laminar flow hood when you are processing samples** (from the beginning to the end of the following procedure). Otherwise, use non-sterile Buffers and disposables, and process samples in a cell isolation laboratory.

IMPORTANT NOTE: the isolation protocol is calibrated for using **25µL of beads for 10×10⁶ PBMCs resuspended in 1mL.** For lower or higher cell number than 10×106, resize the volumes, accordingly. (See also Table 1on the data sheet of the kit).

ALL REAGENTS MUST BE AT ROOM TEMPERATURE WHEN USED!!!

- 1 Isolate PBMCs according either to the standard protocol from fresh blood or from buffy coat (PBMC- 01a Isolation of Human PBMC from Buffy Coat, PBMC- 01b Isolation of Human PBMC from Whole Blood).
- 2 Count the cells with Cellometer machine or by manual count, using either Trypan Blue or Türk solutions accordingly.

For automatic cell count with Cellometer machine use Trypan Blue. Follow protocol **CELL COUNT- 03**

| Document | | |
|-----------------------------------|---------------------------------|--------------|
| | NAME SOLUTION- 09 - Trypan B | lue solution |
| CREATED BY Farmacologia Medica | | PREVIEW |

For manual cell count use Türk solution for checking purity. Follow protocol **CELL COUNT- 02**

| Document | | |
|----------------------------------------|----------------------------------|------|
| | NAME SOLUTION- 08 - Türk solu | tion |
| CREATED BY Farmacologia Medica PREVIEW | | |

Equipment

| Cellometer Auto T4 | NAME |
|------------------------|-------|
| Automated cell counter | TYPE |
| Nexcelom Bioscience | BRAND |
| EuroClone | SKU |
| | |

- 3 Resuspend Dynabeads in the vial using a vortex for >30 sec.
- Transfer the desired volume of Dynabeads to a 5mL-tube (use BD tubes cat. n. 352054)
 following this proportion: 25μL of beads for 10×10⁶ cells.
- 5 Add $\underline{\square}_{2 \mu L}$ of **Solution- 11** (found in the kit materials as Buffer 1), resuspend and place the tube into the magnet: beads will attach to the magnet very quickly (few seconds).

Discard then the supernatant by using a glass Pasteur pipette.

Remove the tube from the magnet.

| Document | | |
|----------------------------------------|------------------------------------|------------------|
| | NAME SOLUTION- 11 - CD4+T cells | isolation buffer |
| CREATED BY Farmacologia Medica PREVIEW | | PREVIEW |

- 6 Repeat the washing step 2 or 3 times to make sure that DMSO is all washed up.
- 7 After counting, centrifuge PBMCs sample at 🚯 1200 x g, 00:05:00 .

| Equipment | |
|-------------------|-------|
| Allegra AVANTI 30 | NAME |
| Centrifuge | ТҮРЕ |
| Beckman Coulter | BRAND |
| Beckman Italy | SKU |
| | |

8 Discard supernatant and resuspend pellet of 10×10^6 cells in $\boxed{1 \text{ mL}}$ of **SOLUTION-11**.

| Document | | |
|----------------------------------------|----------------------------------|---------------------|
| | NAME SOLUTION- 11 - CD4+T cel | ls isolation buffer |
| CREATED BY Farmacologia Medica PREVIEW | | PREVIEW |

9 Transfer cell suspension into the tube with beads, and resuspend vigorously.

- 10 Incubate the beads with cells for 😒 00:20:00 at 📱 4 °C with gentle rotation by putting the Sample Mixer in the fridge.
- 11 After incubation place the tube on the magnet and wait for 1-2 minutes, that is until the complex beads-cells is completely attached to the magnet.
- 12 While the tube is still in the magnet, carefully **remove** and **discard** the **supernatant** with a glass Pasteur pipette.
- 13 Remove the tube from the magnet, add $\underline{A}_2 \mu L$ of **SOLUTION- 11** and resuspend the cells very vigorously because of aggregates.

| Document | | |
|-----------------------------------|------------------------------------|------------------|
| | NAME SOLUTION- 11 - CD4+T cells | isolation buffer |
| CREATED BY Farmacologia Medica | | PREVIEW |

- 14 Repeat steps 11-13 twice (in total 3 times) to wash the bead-bound CD4+ T cells. These steps are critical to obtain a high purity of isolated cells.
- 15 Resuspend cell pellet in $\boxed{100 \ \mu L}$ of **SOLUTION- 07** (found in the kit materials as Buffer 2)

[The volume is calibrated for 10×10^6 cells, for lower or higher number of cell resize the volume accordingly].

| Document | | |
|----------------------------------------|------------------------------|----|
| | NAME SOLUTION -07 - RPMI/FBS | 1% |
| CREATED BY Farmacologia Medica PREVIEW | | |

- 16 Add $_$ 10 µL of **DETACHaBEAD® CD4** for each 10×10⁶ PBMCs. (Resize this volume if the number of starting cell is different)
- 17 Add another $4500 \,\mu\text{L}$ of **SOLUTION- 07** to increase the volume and transfer everything in a 1.5 mL eppendorf.

| Document | | |
|----------------------------------------|---------------------------------|----|
| | NAME SOLUTION -07 - RPMI/FBS | 1% |
| CREATED BY Farmacologia Medica PREVIEW | | |

- 18 Incubate 🕑 00:45:00 at 🖡 Room temperature (RT) with gentle rotation by using a Sample Mixer.
- 19 Transfer the sample from eppendorf to BD tube, and place the tube on magnetand wait for 1-2 mins, that is until the complex beads-cells is completely attached to the magnet.
- 20 While the tube is still in the magnet, **transfer the supernatant** containing the released cells into a 15 mL conical tube.

А

To obtain residual cells, wash the beads 3 times with $\Delta 500 \ \mu L$ of **SOLUTION- 07** and collect the supernatant each time.

| Document | | |
|----------------------------------------|--------------------------------|------|
| | NAME SOLUTION -07 - RPMI/FB | S 1% |
| CREATED BY Farmacologia Medica PREVIEW | | |

| Document | | |
|----------------------------------------|--------------------------------|------|
| | NAME SOLUTION -07 - RPMI/FB | S 1% |
| CREATED BY Farmacologia Medica PREVIEW | | |

| Equipment | |
|-------------------|-------|
| Allegra AVANTI 30 | NAME |
| Centrifuge | ТҮРЕ |
| Beckman Coulter | BRAND |
| Beckman Italy | SKU |
| | |

22 Resuspend the cells for cell counting in <u>InL</u> of **SOLUTION- 07**: follow the appropriate protocol (see step 2 of this protocol).

Check the viability with Trypan blue.

| Document | | |
|-----------------------------------|--------------------------------|---------|
| | NAME SOLUTION -07 - RPMI/FB | S 1% |
| CREATED BY Farmacologia Medica | | PREVIEW |

| Document | | |
|-------------------------------------|--|---------|
| SOLUTION- 09 - Trypan Blue solution | | |
| CREATED BY Farmacologia Medica | | PREVIEW |

23 **OPTIONAL STEP**

Check the purity of the isolated CD4+ T cells by flow cytometry.

If needed, check the purity by labeling CD4 with the appropriate CD markers, such as CD3, CD4, CD8 and CD14 Ab and analyze samples with a flow cytometer to exclude the presence of undesired subsets.

| Equipment | |
|------------------|-------|
| BD FACS Celesta | NAME |
| Flow Cytometer | TYPE |
| Becton Dickinson | BRAND |
| Milan Italy BD | SKU |
| | |

24 EXPECTED RESULTS

Expected result

Cell Viability: ≥95 %

Cell Yield: \pm 4,6 x10⁶ cells starting from 25 mL of Fresh Blood \pm 6 x10⁶ cells starting from 25 mL of Buffy Coat

If checked, purity of the isolated CD4+ cells must be \geq 95 %