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PBMC- 02 - CD4+ T cell Isolation from PBMC with "Dynabeads CD4 Positive Isolation Kit" V.2

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Protocol status: Working We use this protocol and it's working

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Protocol Integer ID: 44752

Abstract

List of published works using this protocol:

- Kustrimovic N., Comi C., Magistrelli L., Rasini E., Legnaro M., Bombelli R., Aleksic I., Blandini F., Minafra B., Riboldazzi G., Struchio A., Mauri M., Bono G., Marino F., Cosentino M. Parkinson's disease patients have a complex phenotypic and functional Th1 bias: cross-sectional studies of CD4+ Th1/Th2/T17 and Treg in drug-naïve and drug-treated patients (2018). Journal of neuroinflammation, 15(1), 205. <u>https://doi.org/10.1186/s12974-018-1248-8</u>

- Kustrimovic, N., Rasini, E., Legnaro, M., Bombelli, R., Aleksic, I., Blandini, F., Comi, C., Mauri, M., Minafra, B., Riboldazzi, G., Sanchez-Guajardo, V., Marino, F., & Cosentino, M. (2016). Dopaminergic Receptors on CD4+ T Naive and Memory Lymphocytes Correlate with Motor Impairment in Patients with Parkinson's Disease. Scientific reports, 6, 33738. <u>https://doi.org/10.1038/srep33738</u>

- Cosentino M., Ferrari M., Kustrimovic N., Rasini E., Marino F. (2015). Influence of dopamine receptor gene polymorphisms on circulating T lymphocytes: A pilot study in healthy subjects. Human immunology, 76, 10, 747-752. <u>https://doi.org/10.1016/j.humimm.2015.09.032</u>

Materials

MATERIALS

🔀 Dynabeads™ CD4 Positive Isolation Kit Thermo Fisher Catalog #11331D

X Fetal Bovine Serum (FBS) EuroClone Catalog #ECS0180L-500 ml

🔀 RPMI 1640 EuroClone Catalog #ECM 0495L- 500 ml

BSA Sigma Aldrich Catalog #A2153

BD tubes **Becton-Dickinson Catalog** #352054

Instrumentation required:

a.Magnet (DynaMag™) b.Sample Mixer with rotation c.Laminar flow hood

Before start

If you need to obtain **CD4+ T cell for subsequent cell culture**, make sure you are using **sterile buffers** and **sterile plastic disposables** as well. Moreover, **work under laminar flow hood when you are processing samples** (from the beginning to the end of the following procedure). Otherwise, use non-sterile Buffers and disposables, and process samples in a cell isolation laboratory.

IMPORTANT NOTE: the isolation protocol is calibrated for using **25µL of beads for 10×10⁶ PBMCs resuspended in 1mL.** For lower or higher cell number than 10×106, resize the volumes, accordingly. (See also Table 1on the data sheet of the kit).

ALL REAGENTS MUST BE AT ROOM TEMPERATURE WHEN USED!!!

- 1 Isolate PBMCs according either to the standard protocol from fresh blood or from buffy coat (PBMC- 01a Isolation of Human PBMC from Buffy Coat, PBMC- 01b Isolation of Human PBMC from Whole Blood).
- 2 Count the cells with Cellometer machine or by manual count, using either Trypan Blue or Türk solutions accordingly.

For automatic cell count with Cellometer machine use Trypan Blue. Follow protocol **CELL COUNT- 03**

Document		
	NAME SOLUTION- 09 - Trypan B	lue solution
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For manual cell count use Türk solution for checking purity. Follow protocol **CELL COUNT- 02**

Document		
	NAME SOLUTION- 08 - Türk solu	tion
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Equipment

Cellometer Auto T4	NAME
Automated cell counter	TYPE
Nexcelom Bioscience	BRAND
EuroClone	SKU

- 3 Resuspend Dynabeads in the vial using a vortex for >30 sec.
- Transfer the desired volume of Dynabeads to a 5mL-tube (use BD tubes cat. n. 352054)
 following this proportion: 25μL of beads for 10×10⁶ cells.
- 5 Add $\underline{\square}_{2 \mu L}$ of **Solution- 11** (found in the kit materials as Buffer 1), resuspend and place the tube into the magnet: beads will attach to the magnet very quickly (few seconds).

Discard then the supernatant by using a glass Pasteur pipette.

Remove the tube from the magnet.

Document		
	NAME SOLUTION- 11 - CD4+T cells	isolation buffer
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- 6 Repeat the washing step 2 or 3 times to make sure that DMSO is all washed up.
- 7 After counting, centrifuge PBMCs sample at 🚯 1200 x g, 00:05:00 .

Equipment	
Allegra AVANTI 30	NAME
Centrifuge	ТҮРЕ
Beckman Coulter	BRAND
Beckman Italy	SKU

8 Discard supernatant and resuspend pellet of 10×10^6 cells in $\boxed{1 \text{ mL}}$ of **SOLUTION-11**.

Document		
	NAME SOLUTION- 11 - CD4+T cel	ls isolation buffer
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9 Transfer cell suspension into the tube with beads, and resuspend vigorously.

- 10 Incubate the beads with cells for 😒 00:20:00 at 📱 4 °C with gentle rotation by putting the Sample Mixer in the fridge.
- 11 After incubation place the tube on the magnet and wait for 1-2 minutes, that is until the complex beads-cells is completely attached to the magnet.
- 12 While the tube is still in the magnet, carefully **remove** and **discard** the **supernatant** with a glass Pasteur pipette.
- 13 Remove the tube from the magnet, add $\underline{A}_2 \mu L$ of **SOLUTION- 11** and resuspend the cells very vigorously because of aggregates.

Document		
	NAME SOLUTION- 11 - CD4+T cells	isolation buffer
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- 14 Repeat steps 11-13 twice (in total 3 times) to wash the bead-bound CD4+ T cells. These steps are critical to obtain a high purity of isolated cells.
- 15 Resuspend cell pellet in $\boxed{100 \ \mu L}$ of **SOLUTION- 07** (found in the kit materials as Buffer 2)

[The volume is calibrated for 10×10^6 cells, for lower or higher number of cell resize the volume accordingly].

Document		
	NAME SOLUTION -07 - RPMI/FBS	1%
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- 16 Add $_$ 10 µL of **DETACHaBEAD® CD4** for each 10×10⁶ PBMCs. (Resize this volume if the number of starting cell is different)
- 17 Add another $4500 \,\mu\text{L}$ of **SOLUTION- 07** to increase the volume and transfer everything in a 1.5 mL eppendorf.

Document		
	NAME SOLUTION -07 - RPMI/FBS	1%
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- 18 Incubate 🕑 00:45:00 at 🖡 Room temperature (RT) with gentle rotation by using a Sample Mixer.
- 19 Transfer the sample from eppendorf to BD tube, and place the tube on magnetand wait for 1-2 mins, that is until the complex beads-cells is completely attached to the magnet.
- 20 While the tube is still in the magnet, **transfer the supernatant** containing the released cells into a 15 mL conical tube.

А

To obtain residual cells, wash the beads 3 times with $\Delta 500 \ \mu L$ of **SOLUTION- 07** and collect the supernatant each time.

Document		
	NAME SOLUTION -07 - RPMI/FB	S 1%
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Document		
	NAME SOLUTION -07 - RPMI/FB	S 1%
CREATED BY Farmacologia Medica PREVIEW		

Equipment	
Allegra AVANTI 30	NAME
Centrifuge	ТҮРЕ
Beckman Coulter	BRAND
Beckman Italy	SKU

22 Resuspend the cells for cell counting in <u>InL</u> of **SOLUTION- 07**: follow the appropriate protocol (see step 2 of this protocol).

Check the viability with Trypan blue.

Document		
	NAME SOLUTION -07 - RPMI/FB	S 1%
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Document		
SOLUTION- 09 - Trypan Blue solution		
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23 **OPTIONAL STEP**

Check the purity of the isolated CD4+ T cells by flow cytometry.

If needed, check the purity by labeling CD4 with the appropriate CD markers, such as CD3, CD4, CD8 and CD14 Ab and analyze samples with a flow cytometer to exclude the presence of undesired subsets.

Equipment	
BD FACS Celesta	NAME
Flow Cytometer	TYPE
Becton Dickinson	BRAND
Milan Italy BD	SKU

24 EXPECTED RESULTS

Expected result

Cell Viability: ≥95 %

Cell Yield: \pm 4,6 x10⁶ cells starting from 25 mL of Fresh Blood \pm 6 x10⁶ cells starting from 25 mL of Buffy Coat

If checked, purity of the isolated CD4+ cells must be \geq 95 %