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Measure feeding during large population swarming with bioluminescent bacteria

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Serena Ding¹

¹Imperial College London

Behavioural Genomics



Serena Ding

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Protocol status: Working

We use this protocol and it's working

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Abstract

Protocol uses bioluminescently labelled bacteria (Gregor et al, 2008, Addgene Plasmid #107879, <https://www.pnas.org/content/115/5/962>) to measure population feeding during large-scale *C. elegans* swarming.

Materials

bioluminescence bacteria: Addgene Plasmid #107879

IVIS Spectrum imaging system (Caliper LifeSciences)

Living Image software (v 4.3.1)

ampicillin sodium salt (Sigma A9518)

LB broth and agar

NGM and low peptone NGM agar

M9 buffer

laminar flow hood (Heraguard)

spectrophotometer (Jenway7315)

centrifuge (Hettich Universal 320)

vortex mixer (Vortex-Genie 2, Scientific Industries)

styrofoam box

glass pipette

manual click counter

Troubleshooting



Bleach synchronise worms (Day -7 to -4)

- 1 Bleach synchronise animals from three 90 mm plates, making sure lots of gravid hermaphrodites are present. Leave on rotator at 20 °C until use.

Protocol

NAME

Bleach synchronisation of *C. elegans*

CREATED BY

Ida Barlow

Preview

- 1.1 Wash hermaphrodites off plate with several ml of M9 solution and transfer to 15ml falcon tube (Fisher Scientific-Falcon 352096)
- 1.2 Fill falcon tube up to 15ml with M9 solution
- 1.3 Centrifuge for 2 minutes at 1500 rpm (RCF:210, ascending 9; descending 7) – program 1

Program 1 retains the worms as pellets and the bacteria is suspended as the supernatant

The descending is slow as the worm pellet is loose at this stage which we don't want to break
- 1.4 Remove supernatant using a plastic Pasteur pipette taking care not to disturb pellet
Leave at least 0.5ml M9 to avoid disturbing the pellet
- 1.5 Fill the tube with M9 up to 15ml
- 1.6 Spin program 1
- 1.7 *Repeat steps 4-6*



- 1.8 On final wash remove as much supernatant as possible and add M9 upto 4ml
- 1.9 Add 4ml 2X Bleach solution (From here onwards try to work as quickly as possible to avoid over-exposure of the worms to the bleach)

USE FRESHLY PREPARED BLEACH EVERYTIME**Note****2X Bleach solution:**

5% Sodium hypochlorite solution - 4ml
Sterile water - 3.5 ml
1M NaOH solution - 2.5 ml
TOTAL - 10 ml

- 1.10 Vortex on maximum setting for 4 min (no more as this will damage the eggs)

Make sure the vortex forms

After vortexing, top up the tube with M9 till 15ml
- 1.11 Centrifuge for 2 mins at 2500rpm (RCF:590, ascending 9; descending 7) – program 2

(Always check the program on the centrifuge before using it)
- 1.12 Remove supernatant by pouring into waste bottle – pellet should be compact and yellow in colour at bottom of falcon, but be careful not to lose
- 1.13 Add 15ml M9
- 1.14 Centrifuge at program 2
- 1.15 Repeat steps 12-14 four more times

The number of washes is crucial here as we need to get rid of all the bleach
- 1.16 After final wash add 15ml M9 and store eggs/larvae in the falcon on the rotator that is constantly spinning at 20°C, until feeding

**Note**

L1 arrested larvae can be starved for up to 5 days before refeeding

1.17 Centrifuge larvae on program 2 to pellet

1.18 Remove supernatant with plastic Pasteur pipette

The pellet is loose here so make sure not to disturb it

1.19 Add 15ml M9, spin to wash

1.20 On final wash leave 0.5ml M9 in falcon

1.21 Resuspend the pellet by gently tapping the tube/flicking it

1.22 Place droplet containing larvae onto seeded plate and allow to grow to desired developmental state (ie. 2 days for L4s, 2.5 days for young adults)

Use glass pipette to place the droplet onto seeded plate, avoid using plastic pipette as larvae will stick to it



Note

Development times at 20°C:

- 2 days for L4s
- 2.5 days for young adults

Note:

- If you feed larvae within 12hrs of bleaching then they develop faster than the longer arrested ones
- It is a good practice to bleach in two tubes in parallel
- If you drop the tube at any point of the process, make sure to transfer the contents into a new tube as the dropped tube may get cracked resulting in loss of worms during centrifugation/vortexing
- Any unused larvae can be topped up with M9 and stored spinning in the rotator to be re-used
- Use clean autoclaved rubber bulbs for the refeeding everytime to avoid contamination
- Put the used bulb in the box labelled 'Used Teets'

Stages	Grown at 20 C from L1	Grown at 25 C from L1
L1 division	11.7hrs	9hrs
Mid L1	16.9hrs	13hrs
First L2 division	22.1hrs	17hrs
Between L2 divisions	23.4hrs	18hrs
Second L2 divisions	24.3hrs	19hrs
Mid L2	29.9hrs	23hrs
L3 division	32.5hrs	25hrs
Mid L3	37.7hrs	29hrs
L4 division	42.9hrs	33hrs
Mid L4	49.4hrs	38hrs
Early adult	55.9hrs	43hrs
Adult	62.4hrs	48hrs

Table of Development times for different temperatures

Re-feed worms (Day -3)




- 2 Re-feed worms onto three pre-seeded 90 mm plates using a glass pipette. Incubate at 20 °C.

Note


Monitor these plates until use to ensure worms do not run out of food. Three full plates of synchronised young adults give approximately 10,000 animals.

Grow bacteria overnight

- 3 Day -2
Streak out bioluminescent bacteria frozen stock onto an LB plate containing 50 µg/mL ampicillin and incubate overnight at  37 °C .

Note

This step does not need to be performed every time. A streaked plate can be re-used within 1 month, so long as single colonies are still available. Otherwise re-streak onto a new LB/ampicillin plate for single colonies.


- 4 Day -1 ~5pm
To a 300 mL volumetric flask, add 100 mL LB broth, 100 µL ampicillin stock solution (50mg/mL) , and a single colony of bioluminescent bacteria from the streaked plate. Place on  37 °C incubator shaking at 220 rpm overnight.
- 5 Day 0 ~10am
Take the bacteria overnight culture off of the shaking incubator and leave at room temperature on the bench until use that afternoon.

Note

Do not put bacteria culture at 4 °C to save for later, as this will abolish the signal. Instead, a fresh overnight culture should be grown for each day of experiment.

Initialise the IVIS imaging system (Day 0 ~4.30pm)

- 6 Initialise the IVIS system via the Living Image software.



- 7 Set up imaging parameters within the Living Image software interface. Set stage temperature to  20 °C , designate auto-saving directory for acquired images, and set up acquisition sequence parameters.

Note

Bioluminescence acquisition parameters: subject height: 0.5 cm; field of view: C; exposure: 1 second; frame interval: 1 minute (for N2 worms) and 2 minutes (for DA609 worms); excitation: block; emission: open; luminescence binning: 4; photograph binning: 4; luminescence F/stop: 1; photograph F/stop: 1; batch sequence: true; sequence 1 length: 99; sequence 2 length: 35.

These imaging parameters have been determined in advance for the experiment and are saved as a .xsq configuration file, which can be loaded into the imaging software.

Seed bacteria for imaging (Day 0 ~2.30pm)

- 8 Take imaging plates (two each of 90mm and 35 mm Petri dish containing 35 mL and 3.5 mL low peptone agar, respectively) out of the  4 °C cold room, let them incubate at  Room temperature for 30 minutes to warm up.
- 9 Give the flask containing the bacteria overnight culture a swirl to resuspend the bacteria cells that may have settled during the day.
- 10 Seed 500 µL and 20 µL of the bacteria culture onto the centre of each 90 mm and 35 mm imaging plate, respectively. Dry the plate in a laminar flow hood (setting II) for 2 hours and 30 minutes, respectively.
- 11 Measure bacteria culture optical density with a spectrophotometer for the record.

Inoculate worms for experiment (Day 0 ~5.30pm)

- 12 Retrieve imaging plates from the flow hood. Select one each of 90 mm and 35 mm plates for the actual experiment, and label them with sample name.
- 13 Harvest synchronised adult worms using M9 buffer and transfer them into a 15 mL Falcon tube, pooling between three large plates. Wash them twice with M9 buffer by topping up the tube with M9, spinning at 1500 rpm/210 rcf (ascending 9, descending 7),

and then aspirating the supernatant leaving the loose pellet intact. After the last wash, leave the loose worm pellet.

Note

This spinning programme separates worms (pellet) from bacteria (supernatant), so bacteria can be removed. Soft brake prevents the loose worm pellet from breaking up.

- 14 Put the 15 mL Falcon tube with the worm pellet inside a styrofoam box, and take them to the IVIS imaging system.
- 15 Remove as much supernatant as possible. Using a glass pipette with a medicine dropper bulb attached, transfer all worms to the 90 mm imaging plate.

Note

Try to keep the droplet small so it does not spill onto the bacterial lawn.

Image (Day 0)

- 16 Place imaging sample on the 90 mm plate and the no-worm 35 mm control plate inside the IVIS chamber inside the laser grid guidelines. Close the chamber door, and start acquisition via the software immediately.

Note

No need to wait for the liquid to be absorbed into the media first before acquisition, as this can take a while and can be monitored by brightfield images.

Signal extraction and export (Day 1)

- 17 After image sequence acquisition, read signal across the acquisition sequence using the Living Image software by measuring radiance (photons/s) for a defined region of interest.
- 18 Export signal as a tab-delimited text file for downstream analysis.

