

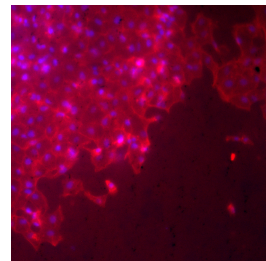
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Version 3

Mammalian Cell Staining V.3

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Protocol status: Working

We use this protocol and it's working

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Abstract

This protocol details how to stain mammalian cells cultured on a 96-well plate. Actin filaments, focal adhesion sites (as indicated by the presence of vinculin), and nuclei will be stained.




Materials

- 4% Paraformaldehyde solution
- 0.1% Triton X-100 solution in PBS
- Blocking buffer (PBS + 1% bovine serum albumin)
- Washing buffer (PBS + 0.05% Tween-20)
- Anti-vinculin solution (1:500 in blocking buffer)
- TRITC-conjugated phalloidin and FITC-conjugated antivinculin secondary antibody solution (1:1:248, TRITC:FITC:blocking buffer) referred to as FITC:TRITC
- DAPI solution (1:249 DAPI:blocking buffer)
- Phosphate buffered saline (PBS)


Troubleshooting






Fix the cells

- 1 Remove cell culture media.
- 2 Add  100 μ L of  4 % volume paraformaldehyde solution.
- 3 Incubate for  00:05:00 .


Perforate cell membrane

- 4 Remove paraformaldehyde solution.
- 5 Wash twice with  100 μ L washing buffer.

Note

Washing buffer is PBS with the detergent Tween-20.
- 6 Add  100 μ L of  0.1 % volume Triton X-100.
- 7 Incubate for  00:05:00 .

Block unspecific binding


- 8 Remove Triton X-100.
- 9 Wash twice with  100 μ L washing buffer.



10 Add  100 μL blocking buffer.

Note

Blocking buffer is PBS with BSA (bovine serum albumin) and is used to prevent unspecific binding.

11 Incubate for  00:10:00 .

Bind anti-vinculin to vinculin

12 Remove blocking buffer.


Bind anti-vinculin to vinculin

13 Wash twice with washing buffer.

Bind anti-vinculin to vinculin

14 Add  250 μL of Anti-Vinculin and blocking buffer mixture.

Bind anti-vinculin to vinculin



15 Incubate for  00:20:00 .

Stain actin filaments and focal adhesion sites




16 Remove anti-vinculin blocking buffer mixture.



Stain actin filaments and focal adhesion sites

- 17 Wash twice.
- 18 Add  100 μ L FITC:TRITC solution, cover in foil.
- 19 Incubate for  00:30:00 .

Stain nuclei

- 20 Remove stains.
- 21 Add  100 μ L of DAPI solution, cover in foil.
- 22 Incubate for  00:05:00
- 23 Remove DAPI solution.
- 24 Add  100 μ L PBS.

Image

- 25 Image your cells using UV, Blue, and Green excitation.