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 We use this protocol and it's working

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Mammalian Cell Culture: Refreshing Media V.1

Forked from [Mammalian Cell Culture: Refreshing Media](#)

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ABSTRACT

This protocol explains how to refresh the media of cultured mammalian cells grown in a tissue culture flask.

GUIDELINES

Gloves must be worn at all times. Perform all tasks within biosafety cabinet.

MATERIALS

- Gloves
- Cultured T-75 flask
- or Cultured T-25 flask
- Serological pipette with tips
- Dulbecco's Phosphate Buffered Saline (DPBS)
- Cell culture media (e.g. DMEM:F12, EMEM, etc.)

BEFORE START INSTRUCTIONS

Warm cell culture media and DPBS in 37C water bath. UV serological pipette tips and waste beaker.

Assessing Culture Health

- 1 Assess cell health under light microscope before beginning.

Refreshing media

- 2 Using a serological pipette, remove old media from flask and transfer to waste beaker.

Note

To avoid contamination, avoid touching the pipette tip to anything. Holding the flask such that the lid is pointed up will make it easier to remove all the liquid.

- 3 Wash cells by pipetting 1 mL warmed DPBS into the flask.

- 4 Remove DPBS and dispose into waste beaker.

- 5 Repeat the above two steps for a total of 2 washes.

- 6 Pipette 4 mL warmed cell culture media into flask.

Incubate

- 7 Spray flask generously with 70% Ethanol solution before placing in CO₂ incubator.