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# Making LB NGM Plates

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**Behavioural Genomics** 



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Protocol status: Working

We use this protocol and it's working

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#### Abstract

C. elegans is maintained in the laboratory on Nematode Growth Medium (NGM) agar which has been aseptically poured into petri plates. Sometimes they can also be grown on LB-NGM, where the LB in the media will promote better growth of the bacteria the worms feed on.

The LB-NGM agar medium can be poured into petri plates easily and aseptically using a peristaltic pump. This pump can be adjusted so that a constant amount of LB-NGM agar is dispensed into each petri plate. A constant amount of agar in the plates reduces the need for refocusing the microscope when you switch from one plate to another.

### **Materials**

Reagents:

For 1000ml

A) Pre-Autoclave

Sodium Chloride- 3g, Sigma- Aldrich-71376-1KG

Bio Agar- 17g, Biogene- 400-050

LB Broth Powder- 2.5g, Fisher BioReagents- BP- 1426-2

Cholesterol (5mg/ml in EtOH)- 1ml, Sigma- C1145-250MG [Cholesterol should be stored at 4C away from light] Sterile water- 975ml

B) Post-Autoclave

1M Cacl2- 1ml, Sigma- C3881-1KG

1M MgSO4- 1ml, Fisher- M/1050/53

1M K2HPO4 (pH 6.0)- 25ml, Sigma-Aldrich- P0662-500G-M



## Pre-Autoclave:

- 1 Book the autoclave (notebook on top of the machine).
- 2 Take clean flasks from the glass kitchen (Only the ones with autoclave tape on are sterile)
- 3 Measure all the pre-autoclave reagents and add to the flask (Use a new weighing boat and spatula for each reagent. Also, the cholesterol is kept in the fridge.)
- 4 Once water is added mix thoroughly and label with autoclave tape ('LB NGM Rm 5020'). Makesure the bottle is not screwed completely when placing it inside the autoclave machine.

## Using the Autoclave:

- 5 Turn ON the autoclave
- 6 Make sure that the autoclave's probe bottle is the same size as the largest bottle you use and fill it with water.
- 7 Place the temperature probe in it.
- 8 Fill up the autoclave with water until it reaches the grill.
- 9 Place the bottles in the autoclave and make sure that the cap is not screwed completely.
- 10 Check the waste flask is not too full
- 11 Use 'media' program.
- 12 Press START.



13 It will take about 2.5 hours for 1L or larger bottles.

## Post-Autoclave:

- 14 When autoclave is complete, remove the probe flask
- 15 Make sure to wear gloves as the flask will be hot
- 16 Let the agar to cool to around 55°C, ie the bottle is cool enough to hold for a second with a gloved hand.
- 17 Add the post autoclave reagents.
- 18 Mix it well and start pouring onto desired sized plates (See Protocol for plate pouring)
- 19 Try not to shake the bottle too much while mixing to avoid air bubbles.
- 20 The agar needs to be warm to be poured without blocking the tubings, so try to pour as quickly as possible and if not poured immediately put the bottle on a waterbath set to 60C until being used.