



🛡 Immunocytochemistry Staining for Methanol Fixed Cells V.4

DOI

dx.doi.org/10.17504/protocols.io.97ah9ie



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DOI: <https://dx.doi.org/10.17504/protocols.io.97ah9ie>

External link: <https://www.biolegend.com/protocols/immunocytochemistry-staining-for-methanol-fixed-cells/4286/>

Protocol Citation: Sam Li . Immunocytochemistry Staining for Methanol Fixed Cells. **protocols.io**
<https://dx.doi.org/10.17504/protocols.io.97ah9ie>

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Created: December 05, 2019



Last Modified: December 05, 2019

Protocol Integer ID: 30658

Keywords: immunocytochemistry, ICC, microscopy, methanol, methanol fixed cell, cell

Guidelines

General Tips and FAQ:

Which fixation method is most suitable for my antibody?

- The fixation and permeabilization method used will depend on the epitope and the sensitivity of the antibody, and may require some optimization.

Fixation can be done using crosslinking reagents, such as paraformaldehyde. These are better at preserving cell structure, but may reduce the antigenicity of some cell components, as the crosslinking will obstruct antibody binding (antigen retrieval techniques may be required).

Another option is to use organic solvents such as methanol, ethanol and acetone. These remove lipids while dehydrating the cells. They also precipitate proteins on the cellular architecture.

Materials

Reagent list:

- Chamber slides or cover slips
- Fixation solution: 100% methanol stored at -20°C for at least two hours before use
- Blocking solution: 5% FBS in PBS
- 70% Ethanol

Troubleshooting



Sterilization:

- 1 Transfer a single cover slip into a 12-well plate, then add 1 mL of 70% Ethanol into a well for 20 minutes at room temperature.
- 2 Wash quickly three times with PBS.

Poly-Lysine Coating for 12-Well Plates (optional; for loosely attached cells):

- 3 Add 1 mL of 0.1 mg/mL Poly-D-lysine solution into a well for 15 minutes at room temperature.
- 4 Wash quickly three times with PBS and let dry before plating cells.

Sample Preparation:

- 5 Grow cultured cells on cover slips or in wells overnight at 37°C. At the time of fixation, cells should be ~70-80% confluent in single layer.
- 6 Rinse cells briefly in PBS.
- 7 Fix and permeabilize cells by incubation with cold 100% methanol for 5-15 minutes at -20°C.
- 8 Rinse three times quickly in PBS.

Sample Blocking:

- 9 Block samples in 1 mL of blocking buffer at room temperature for 30 minutes.

Sample Staining:

- 10 Dilute the primary antibody to the recommended concentration/dilution in blocking buffer.



- 11 For 8-well chamber slides, add 200 μL per well. For 12-well plates, add 500 μL per well. Incubate two to three hours at room temperature or overnight at 4°C. If using conjugated antibodies, perform this step in the dark.
- 12 For surface staining, rinse 3 times quickly in PBS. For intracellular staining, quickly wash once followed by incubation with wash buffer for 5-10 minutes. Then quickly wash additional two times. Note: If using primary antibodies directly conjugated to fluorochromes, then skip to step 12.
- 13 Prepare fluorochrome-conjugated secondary antibody in blocking buffer according to the manufacturer's specification data sheet, and add 200 μL per well to the 8-well chamber slides. For 12-well plates, add 500 μL per well.
- 14 Incubate the samples for one hour, at room temperature, in the dark.
- 15 For surface staining, rinse three times quickly in PBS. For intracellular staining, quickly wash once followed by incubation with wash buffer for 5-10 minutes, then quickly wash additional two times.
- 16 Optional: To stain F-actin, prepare a working solution of Flash Phalloidin™ by diluting it 1:20-1:100 in PBS. Add 200 μL per well for an 8-well plate or 500 μL per well for a 12-well plate. Stain for 20 minutes at room temperature in the dark.
- 17 Apply anti-fade mounting medium to the cover slip.
- 18 Seal slides with nail polish.