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Immunoblotting using precast gels

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Protocol status: Working

We use this protocol and it's working



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Abstract

Immunoblotting is a key technique to visualize changes in protein levels upon treatments. This technique can be challenging and established procedures are required to ensure reproducibility. Here we present our optimized protocol for immunoblotting of protein samples using precast gels and semiwet transfer. This protocol can be used to analyze samples from cell extracts and from in vitro reactions.



Protocol materials

- ✕ PageRuler®; Plus Prestained Protein Ladder, 10 to 250 kDa **Thermo Fisher Catalog #26620**
- ✕ PowerPac™ HC Power Supply **Bio-Rad Laboratories Catalog #1645052**
- ✕ NUPAGE LDS sample buffer (4x) **Thermo Fisher Scientific Catalog #NP0007**
- ✕ NuPAGE Sample Reducing Agent (10X) **Thermo Fisher Scientific Catalog #NP0009**
- ✕ Gel Knife **Thermo Fisher Catalog #EI9010**
- ✕ XCell SureLock® Mini-Cell and XCell IITM Blot Module Kit **Invitrogen - Thermo Fisher Catalog #EI0002**
- ✕ SNAP id® 2.0 Blot Roller **Merck MilliporeSigma (Sigma-Aldrich) Catalog #SNAP2RL**
- ✕ Grade 3MM Chr Blotting Paper, sheet, 46 × 57 cm **Cytiva Catalog #3030-917**
- ✕ Carnation Instant Non Fat Dry Milk **Amazon.com Catalog #12428935**
- ✕ Immobilon-P PVDF Membrane, 0.45um, roll **Merck MilliporeSigma (Sigma-Aldrich) Catalog #IPVH00010**
- ✕ Amersham™ Protran® Western blotting membranes nitrocellulose **Merck Catalog #GE10600041**
- ✕ Sponge Pad for Blotting **Thermo Fisher Catalog #EI9052**
- ✕ Ponceau S solution **Merck MilliporeSigma (Sigma-Aldrich) Catalog #Ponceau S solution**
- ✕ Fisher BioReagents™ Bovine Serum Albumin Heat Shock Treated **Fisher Scientific Catalog #BP1600-100**
- ✕ Glycine **Fisher Scientific Catalog #BP381-500**
- ✕ Sodium dodecyl sulfate **Merck MilliporeSigma (Sigma-Aldrich) Catalog #62862**
- ✕ Polysorbate 20 **Thermo Fisher Scientific Catalog #233360010**
- ✕ Methanol, 99.9%, for analysis **Thermo Fisher Scientific Catalog #176840025**
- ✕ MES-SDS Buffer (20X) **Boston Bioproducts Catalog #BP-177**
- ✕ NuPAGE®; 4-12% Bis-Tris Protein Gels, 1.0 mm, 12-well **Thermo Fisher Catalog #NP0322BOX**
- ✕ Tris Base **Merck MilliporeSigma (Sigma-Aldrich) Catalog #648310**
- ✕ Western blot boxes, 3 1/2 × 2 9/16 × 1in. 8.9 × 6.5 × 2.5cm **Fisher Scientific Catalog #NC1126730**

Safety warnings

- ! All steps must be performed using personal protective equipment including gloves and eye protection.

Sample preparation

- 1 Mix  NUPAGE LDS sample buffer (4x) **Thermo Fisher Scientific Catalog #NP0007** and

 NuPAGE Sample Reducing Agent (10X) **Thermo Fisher Scientific Catalog #NP0009**

in a 7:3 ratio (for example:  70 µL LDS sample buffer and  30 µL of Reducing Agent).

- 2 In a 1.5 mL microcentrifuge tube add the following reagents in order: LDS sample buffer/Reducing Agent mix, IPMS lysis buffer, protein sample. For example.

	Sample volume	LDS sample buffer/Reducing Agent
	10 or 15 microliters	5 microliters
	20	7
	30	10

- 3 Poke hole in top of 1.5 mL microcentrifuge tube with a hypodermic needle.

- 4 Boil samples at  95 °C for  00:05:00 using a ThermoMixer F1.5.

5m

Equipment	
Eppendorf ThermoMixer F1.5	NAME
ThermoMixer	TYPE
Eppendorf	BRAND
5384000020	SKU
https://www.eppendorf.com/us-en/Products/Temperature-Control-and-Mixing/Instruments/Eppendorf-ThermoMixerF-p-PF-133437	LINK

5

Centrifuge for

 00:00:10

 in a Mini Centrifuge at

 Room temperature

10s

Equipment	
Fisherbrand Mini-Centrifuge	NAME
Centrifuge	TYPE
Fisherbrand	BRAND
12-006-901	SKU
https://www.fishersci.com/shop/products/fisherbrand-standard-mini-centrifuge/12006901#?keyword=	LINK

6

Samples can be stored at

 -20 °C

 until the day of running SDS-PAGE electrophoresis.





SDS-PAGE Electrophoresis



- 7 Prepare  500 mL 1X MES-SDS Buffer ( 50 millimolar (mM) MES,  50 millimolar (mM) Tris Base,  0.1 Mass / % volume SDS,  1 Mass / % volume EDTA, pH 7.3) by diluting  MES-SDS Buffer (20X) **Boston Bioproducts Catalog #BP-177** stock 1:20 in Milli-Q water. 
- 8 Unpack a  NuPAGE® 4-12% Bis-Tris Protein Gels, 1.0 mm, 12-well **Thermo Fisher Catalog #NP0322BOX** and remove protective tape and comb.
- 9 Assemble gel running tank  XCell SureLock® Mini-Cell and XCell IITM Blot Module Kit **Invitrogen - Thermo Fisher Catalog #EI0002** by placing gel in the tank in front of the buffer core and a second gel or a buffer dam behind the buffer core. Lock the gel tension wedge in place. Add 1X MES-SDS buffer between the gels and outside the buffer core.
- 10 Load  8 µL protein molecular weight marker   PageRuler® Plus Prestained Protein Ladder, 10 to 250 kDa **Thermo Fisher Catalog #26620** . If needed load  2 µL at the end of the gel.
- 11 Load samples to a maximum volume of  20 µL . 
- 12 Place gel tank lid and connect to power supply  PowerPac™ HC Power Supply **Bio-Rad Laboratories Catalog #1645052** matching colors (for positive and negative).
- 13 Run gel at 150 V for  02:00:00 at  Room temperature or as needed depending on the protein molecular weight and desired separation. 



Transfer

14 Prepare 12X transfer buffer:

- 58 g Tris base

Tris Base **Merck MilliporeSigma (Sigma-Aldrich) Catalog #648310**

- 190 glycine Glycine **Fisher Scientific Catalog #BP381-500**

- Milli-Q water up to 2 L

15 Prepare 2.5 L of 1X transfer buffer (48 millimolar (mM) Tris,

39 millimolar (mM) Glycine, 20 % (v/v) Methanol) by mixing 212 mL 12X

Transfer buffer with 1788 mL milli-Q water and 500 mL Methanol

Methanol, 99.9%, for analysis **Thermo Fisher Scientific Catalog #176840025** .



16 Cut

Immobilon-P PVDF Membrane, 0.45um, roll **Merck MilliporeSigma (Sigma-Aldrich) Catalog #IPVH00010**

or

Amersham™ Protran® Western blotting membranes
nitrocellulose **Merck Catalog #GE10600041**

membrane to the required gel size (usually 9×7 cm) and activate PVDF membrane by incubating in methanol for at least 00:01:00 .

Note

Do not put Nitrocellulose membrane in methanol

1m

17 Cut Grade 3MM Chr Blotting Paper, sheet, 46 × 57 cm **Cytiva Catalog #3030-917** to the required gel size (usually 9×7 cm).

18 Prepare Sponge Pad for Blotting **Thermo Fisher Catalog #EI9052** . If dirty, boil in warm tap water in the microwave for 00:05:00 . Soak sponge pads in 1X transfer buffer in a plastic tray.

5m



19 Remove the gel from the cassette by separating the cassette plates with a  **Gel Knife Thermo Fisher Catalog #EI9010** . Using the gel knife, cut off the bottom part and wells of the gel as needed.

20 Place gel in a plastic tray with 1X transfer buffer.

21 Make transfer sandwich inside the cathode core of the blot module in the following order:

- 2 sponge Pad
- 1 filter paper + gel (grab this from transfer buffer tray), Remove air bubbles by carefully rolling a

 **SNAP id® 2.0 Blot Roller Merck MilliporeSigma (Sigma-Aldrich) Catalog #SNAP2RL**

on top of the gel.

- 1 presoaked PVDF or Nitrocellulose membrane. Remove air bubbles using the Blot Roller.
- 1 filter paper. Remove air bubbles using the Blot Roller.
- Sponges up to fill cavity (6-7 total)

22 Close blot module with the anode core and place this in the buffer chamber. Lock the blot module using the gel tension wedge.

23 Place lid and connect to power supply

 **PowerPac™ HC Power Supply Bio-Rad Laboratories Catalog #1645052** matching colors (for positive and negative).

24 Run gel at 35 V for  01:30:00 at  Room temperature .

1h 30m

25 Unlock blot module by releasing the tension wedge and remove from buffer chamber. Remove membrane from the sandwich and cut excess membrane using scissors.

26 Incubate membrane in

 **Ponceau S solution Merck MilliporeSigma (Sigma-Aldrich) Catalog #Ponceau S solution**

in a plastic tray for  00:05:00 with shaking in a rocking shaker.

5m

Equipment

Rocking Shaker

NAME

Shaker

TYPE

Ohaus

BRAND

30391966

SKU

<https://us.ohaus.com/en-us/products/equipment/open-air-shakers/rocking-waving-shakers/shaker-rocking-2-tier-shrk07a12-us>

LINK

27 Wash with milli-Q water 3 times, quick washes. Image in Chemidoc MP if needed.



Equipment

ChemiDoc™ MP Imaging System

NAME

Imaging System

TYPE

Bio-rad

BRAND

12003154

SKU



Blocking

1h

28 Make 1X TBS-T (Tris buffer saline-Tween 20: [M] 20 millimolar (mM) Tris-HCl pH=7.4, [M] 100 millimolar (mM) NaCl, [M] 0.1 % (v/v) Tween-20).

For 1L:

- 20 mL [M] 1 Molarity (M) Tris pH=7.4



- 20 mL 5 Molarity (M) NaCl
- 1 mL Tween-20
- Polysorbate 20 **Thermo Fisher Scientific Catalog #233360010**
- Milli-Q water up to 1 L

29 Make Blocking solution: 1X TBS-T 5% skimmed milk:

- 12.5 g powder skimmed milk
- Carnation Instant Non Fat Dry Milk **Amazon.com Catalog #12428935**
- Fill up to 250 mL with 1X TBS-T.

30 Add Blocking solution to a Western Blot box

Western blot boxes, 3 1/2 × 2 9/16 × 1in. 8.9 × 6.5 × 2.5cm **Fisher Scientific Catalog #NC1126730**

and place the membrane in this solution. Incubate in a rocking shaker for at least

01:00:00 at Room temperature

1h

Primary antibody

1h

31 Prepare antibody in 1X blocking solution (for HRP detection) or in TBST

5 Mass / % volume BSA

Fisher BioReagents™ Bovine Serum Albumin Heat Shock Treated **Fisher Scientific Catalog #BP1600-100**

(for infrared detection) at the desired concentration.

32 Discard blocking solution from Western blot box and replace by diluted antibody.

Incubate at 4 °C Overnight in rocking shaker.

20h



33 Next day recover antibody in tube and wash membrane 3 times for 00:05:00 with 1X TBS-T

5m

Secondary antibody

1h

34 Prepare HRP or fluorescently labelled secondary antibody in blocking solution or TBST respectively.

- 35

Add diluted secondary antibody to Western blot box a incubate at

🌡️ Room temperature

 for

🕒 01:00:00

 in rocking shaker.

1h
- 36

Wash membrane 4 times for

🕒 00:05:00

 with 1X TBS-T

5m
- 37

Image in Chemidoc MP for HRP detection or LI-COR Odyssey FC imager for infrared detection.

Equipment

ChemiDoc™ MP Imaging System	NAME
Imaging System	TYPE
Bio-rad	BRAND
12003154	SKU



Equipment

Odyssey CLx	NAME
Imaging System	TYPE
LI-COR	BRAND
Odyssey CLx	SKU
https://www.licor.com/bio/odyssey-clx/	LINK





38 Membrane can be stored up to a week at 4 °C until performing stripping.



Stripping

10m

39 Prepare Stripping buffer:



- weight 15 g glycine Glycine Fisher Scientific Catalog #BP381-500
- Dissolve in 800 mL milli-Q water
- Adjust pH to 2.2
- add 1 g SDS
 - Sodium dodecyl sulfate Merck MilliporeSigma (Sigma-Aldrich) Catalog #62862
- 10 mL Tween 20
 - Polysorbate 20 Thermo Fisher Scientific Catalog #233360010
- Bring volume up to 1 L with milli-Q water

40 Incubate membrane 00:10:00 with stripping buffer in rocking shaker at Room temperature .

10m

41 Repeat step 37

42 Wash twice with TBST

43 [go to step #28](#) and probe with a different antibody.