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## Growing iPSCs in eTeSR+

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**Protocol status:** Working

We use this protocol and it's working

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## Abstract

This protocol describes how to grow human iPSCs in eTeSR media. This protocol is based heavily on the protocol published by StemCell Technologies with minor modifications.

## Plate Preparation

- 1 Dilute Matrigel in chilled DMEM according to lot instructions. Keep Matrigel on ice at all times.
- 2 Add 1 mL chilled diluted Matrigel to each well of 6-well plate using chilled serological pipettes. Use of chilled pipettes is essential.
- 3 Incubate plate at room temperature for 1 hour. Plates can be made in advance and stored at 4 °C sealed with parafilm for up to one week. Warm to room temperature for 1 hour prior to use.



## Media Preparation

- 4 Combine eTeSR+ basal medium and supplement to make complete medium
- 5 Add CloneR 2 to eTeSR+ to make 10% solution (ex. 1.2 mL CloneR 2 in 10.8 mL eTeSR+)
- 6 Remove Matrigel and add 2 mL prepared media to each well of prepared plate

## Cell Split

- 7 Wash well containing iPSCs with 2 mL room temperature D-PBS after removing media
- 8 Add 500 uL Accutase warmed to 37 °C to well
- 9 Place plate in 37 °C CO<sub>2</sub> incubator for 10 minutes
- 10 Add 1 mL room temperature eTeSR+ to well
- 11 Pipette 3 times slowly with 1000 uL pipettor



- 12 Transfer cell suspension to 15 mL tube
- 13 Centrifuge cell suspension at 300xg at room temperature for 5 minutes
- 14 Discard supernatant, add 1 mL eTeSR+ to tube
- 15 Flick tube 5 times to resuspend cells
- 16 Perform cell count
  - 16.1 Add 10 uL cell suspension to 20 uL tube
  - 16.2 Add 10 uL Trypan Blue to tube
  - 16.3 Pipette 10 times with 20 uL pipettor to mix
  - 16.4 Transfer 10 uL mix to each side of a Countess slide
  - 16.5 Run slide on Countess
  - 16.6 If cell count is lower than 1 million, re-centrifuge and resuspend in less than 1 mL of media, then recount; if cell count is greater than 10 million, add media, flick tube to mix and recount
- 17 Add 10,000-40,000 cells to each well of prepared plate with media
- 18 Move plate side-to-side and forward-to-back gently to distribute cells



19 Place plate in incubator

## Feeding

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20 Change media daily with room temperature eTeSR+

21 Cells are ready to split again when colonies have pale centers

22 Avoid going over 10 passages