

Aug 20, 2025

Fixation and Immunostaining protocol for 2D cultures

 Forked from [Fixation and Immunostaining protocol](#)

 In 2 collections

DOI

<https://dx.doi.org/10.17504/protocols.io.eq2lyqmemvx9/v1>

gustavo.parfitt Parfitt¹, Elena Coccia²

¹University College of London; ²Icahn School of Medicine at Mount Sinai

 **Elena Coccia**
Icahn School of Medicine at Mount Sinai

Create & collaborate more with a free account

Edit and publish protocols, collaborate in communities, share insights through comments, and track progress with run records.

Create free account

OPEN  ACCESS



DOI: <https://dx.doi.org/10.17504/protocols.io.eq2lyqmemvx9/v1>

Protocol Citation: gustavo.parfitt Parfitt, Elena Coccia 2025. Fixation and Immunostaining protocol for 2D cultures. **protocols.io** <https://dx.doi.org/10.17504/protocols.io.eq2lyqmemvx9/v1>

License: This is an open access protocol distributed under the terms of the **[Creative Commons Attribution License](#)**, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited



Protocol status: Working

We use this protocol and it's working

Created: June 24, 2025

Last Modified: August 20, 2025

Protocol Integer ID: 220895

Keywords: ASAPCRN, immunostaining protocol for 2d cultures fixation, immunostaining protocol for tissue, cell culture, immunostaining protocol, 2d cultures fixation, fixation

Abstract

Fixation and Immunostaining protocol for tissue and cell culture

Materials

Buffers

2x Fix: 8% PFA in 2xPBS: Prepare from

32%PFA in sealed EMS ampule, + 8ml 10x PBS, + 22ml ddH₂O, stable light protected at 4 degrees for 2 weeks.

Fix: prepare fresh on day of use. Mix 2x Fix with ddH₂O, 1:1

Quench: Wash Buffer + 100mM Glycine + 0.1%

Sodium Azide

Block: Wash Buffer + 10% normal donkey serum + 0.1% Sodium Azide

Wash: 1x PBS + 0.1% Triton-X 100

DAPI 50x stock: dilute -80 frozen DAPI

aliquot (50Kx concentrate) 1:1000 in

filtered TC grade H₂O; store LP, 4°C up to 4 months



- 1 Prepare 1x Fix by dilution from 2x Fix (see Description)
- 2 Gently aspirate culture supernatant, wash gently with PBS, and replace with cold Fix buffer
- 3 Incubate 30min @ 4° C or on ice 30m
- 4 Aspirate fix and wash gently 3x with PBS (incubate 1-2min each)
- 5 Aspirate and add Quench to permeabilize cells/tissue, at least 15 min room temperature (RT). Note: this and all steps in humidified chamber (HC). Can store samples for weeks/months at 4 degrees
- 6 Aspirate and add Block buffer, 30 min RT 30m
- 7 Incubate with primary antibodies cocktail (1-2 hrs RT or 4°C overnight (ON))
- 8 Wash 3x 5min (wash buffer) 15m
- 9 Prepare secondary antibodies in Wash buffer (1:500-1:1000), filter, light protect (LP).Note: This and all subsequent steps LP 17h
- 10 Incubate with secondary antibodies 1hr RT, light protected (LP) 1h
- 11 Wash 3× 5min 15m
- 12 Incubate with 1x DAPI in Wash buffer 5-10 min 10m
- 13 Wash 1x



- 14 Rinse very briefly with filtered H₂O, 2x
- 15 Remove excess water, do not dry samples
- 16 Add Fluoromount-G (~20ul/well or ~100ul/slide) and apply No 1.5H coverslip (slowly lower, no bubbles) or other mountant
- 17 Dry ON, LP, RT