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# Engagement with outdoor nature and its impact on quality of life: a scoping review protocol

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**We use this protocol and it's working**

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## Disclaimer

This scoping review is being conducted as part of a PhD project. For further details, please see: [Nature is not a place to visit, it is home - University of Plymouth](#)

## Abstract

Engaging with nature has been proposed as a non-pharmaceutical strategy to improve the quality of life (QoL) for people living with dementia. Emerging evidence suggests that nature-based activities can alleviate neuropsychiatric symptoms, foster social interaction, and provide restorative benefits. This scoping review seeks to examine the current state of the literature which explores the associations between nature engagement and QoL for people living with dementia. By synthesising current findings and identifying research gaps, this review aims to inform future studies, guide policy development, and support caregivers and healthcare professionals in integrating nature-based approaches into dementia care.

## Attachments



[nature\\_dementia\\_QoL\\_...](#)

314KB

## Troubleshooting



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