ABSTRACT

In the absence of adequate medical care due to shortage of staff and facilities, as the spread of Covid19 virus reaches unprecedented spread rate and death toll, medical facilities and staff are not adequate to supply the necessary care to the wider population. Extreme measures are necessary to avoid the loss of life among those who do not have access to adequate care facilities and medications.

The EM protocols published here combine emergency medicine, field clinical practitioner and phytotherapy approach using antiviral and anti-inflammatory compounds extracted from widely available herbs plus standard procedures used for respiratory disorders such as inhalation and vaporization.

The protocol is being released for general adoption with the intent to set up clinical trials and initiate the synthesis of a compound suitable for intravenous administration.

Please contact the author if you’d like to report results, suggest changes or collaborate on a formula.

GUIDELINES

Always check patient condition, allergies and intolerances.
Adapt dosage and frequency based on the severity of the case and the body weight and size of the patient (bigger patient, larger dosage). Always check sensitivity, applicability, contraindications, exceptions and manufacturers guidelines. If in doubt start administering microdosage for testing possible adverse reactions.

BEFORE START

Ensure safe handling, cleanliness of substances and equipment.
Ensure familiarity with the materials and substances and patient sensitivities and condition before starting the treatment.
MATERIALS

ANTIVIRALS
Nigella sativa extract (Unami Medicine)
Colloidal silver, colloidal gold and colloidal copper (Max 30 ppm)
Camphor (extract, camphor oil) 10 mg
Thymol (tincture, essential oil) 3 mg
Propolis (tincture or other extract) 10 mg
Clove Extract/Tincture/Essential Oil
Eucalyptus Tincture/Extract/Essential Oil
Melaleuca alternifolia (tea tree) extract/oil

NATURAL SOURCES OF SAPONIN
Sapindu Murokossi (soapnut)
Dioscorea villosa (Wild Yam)
Panax ginseng (Chinese or Korean Ginseng)
Glycyrrhiza glabra (Licorice)
Aesculus hippocastanum (Horsechestnut)
Medicago sativa (Alfalfa)
Smilax sp. (Sarpsarilla)
Convalleria majalis (Lily of the Valley)

SANITIZERS
Hydrogen peroxide -
Boiling water
Chlorine
Microwave

SAFETY WARNINGS

1. For fito therapeutic extract, only use minimal dosage initially and increase dosage and frequency gradually. If the patient condition does not improve after 24/48 hours, discontinue
   If the patient shows extreme discomfort, discontinue the treatment

BEFORE START INSTRUCTIONS

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BEFORE STARTING

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