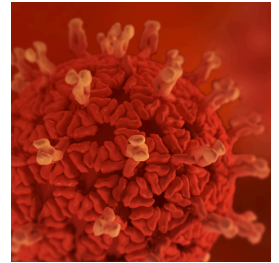




# 🛡️ Emergency Medicine (EM) Protocol for the Alleviation and Initial Treatment of Mild and Serious Symptoms of COVID19 V2

🔗 Forked from [Emergency Medicine \(EM\) Protocol for the Alleviation and Initial Treatment of Mild and Serious Symptoms of COVID19](#)



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CSKRNS, Ronin, Center for Systems, Knowledge Representation ...

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## Abstract

This version (v2) of the EMProtocol for Covid19 is slightly revised : it provides additional antiviral substances, and clarifies issues around dosage and mode of administration

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In the absence of adequate medical care due to shortage of staff and facilities, as the spread of Covid19 virus reaches unprecedented spread rate and death toll, medical facilities and staff are not adequate to supply the necessary care to the wider population.

Extreme measures are necessary to avoid the loss of life among the elderly and those who do not have access to adequate care facilities and medications.

This EM protocol adopts antiviral and anti-inflammatory remedies used in Traditional Medicine worldwide, it is being released for general adoption. A clinical trial based on this protocol initiated.

Clinical references are provided. Although the effectiveness of this protocol so far is sporadic and anecdotal, the treatments it contains have been used in traditional medicine around the world for thousands of years, and come with no known serious contraindications, provided they are administered in the correct dosage. If not successful, they will not be harmful (unless patients have specific allergies or adverse reactions or aggravating conditions to the natural compounds in the treatment).

The protocol is intended to serve as interim measure until a vaccine is found or professional medical care is available.

**WARNINGS:** Discontinue immediately one or more substances in the treatent if the patient shows discomfort

**DISCLAIMER:** This EM Treatment for Covid19 is experimental/research stage and published for research collaboration. The author does not accept any liability in case the treatment is not successful or the patient condition does not improve or worsens.



## Attachments



[EMCOVIDV2 \(1\).pdf](#)

66KB

## Guidelines

Camphor

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6194496/>

Propolis antiviral properties (oral administration)

[/www.ncbi.nlm.nih.gov/pubmed/19472427](https://www.ncbi.nlm.nih.gov/pubmed/19472427)

Propolis (Inhaled)

<https://www.ncbi.nlm.nih.gov/pubmed/1266406>

Nigella Sativa

[https://www.researchgate.net/publication/308598203\\_Protective\\_and\\_antiviral\\_activities\\_of\\_Nigella\\_sativa\\_against\\_avian\\_influenza\\_H9N2\\_in\\_turkeys](https://www.researchgate.net/publication/308598203_Protective_and_antiviral_activities_of_Nigella_sativa_against_avian_influenza_H9N2_in_turkeys)

Thymol

[https://www.ema.europa.eu/en/documents/herbal-report/final-assessment-report-thymus-vulgaris-l-vulgaris-zygis-l-herba\\_en.pdf](https://www.ema.europa.eu/en/documents/herbal-report/final-assessment-report-thymus-vulgaris-l-vulgaris-zygis-l-herba_en.pdf)

Clove

<https://aem.asm.org/content/80/16/4898>

Eucalyptus

<https://www.tandfonline.com/doi/full/10.1080/02786826.2012.708948>

Tea tree (Melaluca)

<https://www.ncbi.nlm.nih.gov/pubmed/21095205>

Colloidal silver

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6264685/>

Colloidal gold

<https://actu.epfl.ch/news/using-gold-nanoparticles-to-destroy-viruses/>


Colloidal copper


<https://www.sciencedaily.com/releases/2015/11/151110102147.htm>



## Materials

### MATERIALS

 Linen Seed

 Hydrogen Peroxide

### ANTIVIRAL COMPOUNDS,

Camphor (extract, camphor oil) 10 mg

Thymol (tincture, essential oil) 3 mg

Propolis (tincture or other extract) 10 mg

Nigella Sativa

Colloidal Silver, Gold Copper Max 30ppm

### ALTERNATIVE ANTIVIRAL PLANT EXTRACTS

Clove Extract/Tincture/Essential Oil

Eucalyptus Tincture/Extract/Essential Oil

Melaleuca alternifolia (tea tree)

## Troubleshooting

## Safety warnings

- ⚠ Natural antiviral compounds and hydrogen peroxide prescribed in this EM protocol are safe if administered with the right precautions, but can be toxic and possibly lethal if not suitably handled or administered undiluted or in excessive quantity. Always dilute the compounds to the lowest possible concentration, and administer often (once an hour). Monitor the improvement, If no improvement is recorded within 48 hours, discontinue the treatment.

## Before start

### SITUATION:

During Covid19, no access to medication or medical facilities with respirators, patient starts showing symptoms of possible Covid 19 infection, including fever and shortness of breath.

### PATIENT CONDITION:

Early, mild or serious Covid19 symptoms

Fever (above 38)

Shortness of breath


Extreme weakness

Pulmonary failure

Loss of consciousness



## Treatment

- 1 **INTENSIVE:** Administer the dissolved compounds prepared in step 3 once every  01:00:00 , until symptoms improve.

**MAINTENANCE:** After symptoms have improved and health condition restored, administer 3xdaily


## Action

- 2 Place the patient lying down on the side, well covered in a ventilated room.
- 3 Administer antiviral compounds listed below **orally, topically by applying them directly on the chest, and as inhalation using aerosol or vapourization.**


The treatment consists of


- orgal, topical and direct inhalation of antiviral herbal compounds listed below
- the application of hot poltice and heat compress to decongest the lungs and facilitate the dilation of the pulmonary alveoly and the fluidification and expulsion of phlegm
- inhalation of hydrogen peroxide solution is supplied through aerosol, nebulizer and/or vaporization.

## Antiviral Compounds, Oral Administration

- 4 Dissolve the following compounds in  30 cc glucose, sugar or honey :

 10 mg Camphor (extract, camphor oil)

 3 mg Thymol (tincture, essential oil)

 10 mg Propolis (tincture or other extract)


**5 mg Nigella Sativa Oil**

## Colloidal minerals if available

- 5 Colloidal silver, colloidal gold, colloidal copper (max 30 ppm)  
ORALLY one tablespoon per hour , in rotation, until symptoms improve

## To Improve Breathing



- 6 Induce the expulsion of phlegm from the lungs by applying to the chest a poultice made of linen seed cooked in boiling water for  00:20:00 . or apply linseed oil diluted 1/10 directly to chest, front and back, with hot compress

In the absence of linen seed apply hot compresses to upper chest (hot stones, hot sand, hot rice bags).

#### Note

This will induce the fluidification and expulsion of the phlegm that is preventing the pulmonary absorption of oxygen.

## Respiratory Failure

- 7 In the absence of mechanical respiratory support devices, attempt the increase of oxygen concentration by administering water as aerosol solution increased with hydrogen peroxide.
- 8 Using an aerosol dispenser/vaporizer make a solution of hydrogen peroxide (any volume below 5%) with water and inhale. If solution is concentrated at higher volume of Hydrogen (say above 3%) increase the amount of water accordingly (dilute the hydrogen to less than 3%).
- 9 In the absence of aereosols, inhale vapors from a vessel of steaming water and hydrogen peroxide solution (10:3) alternating with steaming water and the antiviral compounds inhalation