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Conventional methods for isolation and Identification of Streptococcus pyogenes

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We use this protocol and it's working

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Abstract

The protocol outlines the steps for isolating and identifying Group A streptococci (*Streptococcus pyogenes*) from growth on primary culture media.

Culture and identification of *Streptococcus pyogenes*

- 1 *S. pyogenes* isolates that were presumptively identified were collected from the different hospitals and outpatient centres that formed part of the study. Isolates were inoculated to 5% sheep blood agar plates that were incubated overnight at 35°C.
- 2 Upon receipt, a beta-haemolytic colony was streaked onto a new 5% blood agar (HiMedia Laboratories Limited, Mumbai, In.) plate to obtain isolated colonies and incubated at 35–37°C for 24 hours in an anaerobic jar.
 - 2.1 A bacitracin antibiotic disc was placed into the inoculum of each isolate. Any zone of inhibition to the antibiotic after incubation was considered to be an indication of drug susceptibility.
 - 2.2 For quality control purposes, *S. pyogenes* ATCC 19615 (positive control), *S. agalactiae* ATCC 12386 (negative control), *Enterococcus faecalis* ATCC 29212 (negative control), and an uninoculated blood agar plate were incubated alongside the test isolates.
- 3 Following incubation, the pyrrolidonylarylamidase (PYR) test was performed on all beta-haemolytic isolates based on the manufacturer's instructions.
 - 3.1 A PYR disc (HiMedia Laboratories Limited, Mumbai, In.) was placed on a glass slide on a petri dish and rehydrated with one drop of sterile deionized water.
 - 3.2 Using a sterile loop, 2–3 colonies were added to the suspension on the glass slide and the mixture incubated at room temperature for 2 minutes.
 - 3.3 One drop of the PYR chromogenic solution was placed on the disc and observations recorded after 3 minutes. The formation of a red colour was considered a positive result
- 4 Beta-haemolytic colonies from the test samples and controls were also exposed to the Voges-Proskauer (VP) Test (BD, New Jersey, USA).
 - 4.1 A colony was subcultured to tubes containing 4 mL of trypticase soy broth (HiMedia Laboratories Limited, Mumbai, In.) and incubated at 35–37°C for 24 hours.
 - 4.2 Following incubation, 0.6 mL of alpha-naphthol solution and 0.2 mL of potassium hydroxide solution were added to the TSB tubes and mixed by vortexing for 10 seconds.
 - 4.3 Observations were recorded within 5 minutes. QC observations were made using *E. faecalis* ATCC 29212 (positive) and *S. pyogenes* ATCC 19615. Tubes that showed a yellow-brown colour were considered VP negative and indicative of *S. pyogenes*.



- 5 Confirmatory testing was performed using the Lancefield classification method with a Strep Grouping kit (Thermo Scientific Remel PathoDX, Remel Europe LTD, Kent, UK) following the manufacturer's instructions.