



Feb 02, 2024

## Clusterin cellular uptake assay

DOI

[dx.doi.org/10.17504/protocols.io.14egn3k2yl5d/v1](https://dx.doi.org/10.17504/protocols.io.14egn3k2yl5d/v1)

Patricia Yuste Checa<sup>1</sup>, F Ulrich Hartl<sup>1</sup>

<sup>1</sup>Department of Cellular Biochemistry, Max Planck Institute of Biochemistry



Patricia Yuste-Checa

MPI Biochemistry

### Create & collaborate more with a free account

Edit and publish protocols, collaborate in communities, share insights through comments, and track progress with run records.

Create free account

OPEN  ACCESS



DOI: <https://dx.doi.org/10.17504/protocols.io.14egn3k2yl5d/v1>

**Protocol Citation:** Patricia Yuste Checa, F Ulrich Hartl 2024. Clusterin cellular uptake assay. **protocols.io**  
<https://dx.doi.org/10.17504/protocols.io.14egn3k2yl5d/v1>

**License:** This is an open access protocol distributed under the terms of the **Creative Commons Attribution License**, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited

**Protocol status:** Working

We use this protocol and it's working

**Created:** January 25, 2024

Last Modified: May 31, 2024

Protocol Integer ID: 94599

**Keywords:** ASAPCRN, clusterin cellular uptake, clusterin, cellular uptake, substrate uptake in different cell type, cell, substrate uptake, different cell type, assay, ineuron

**Funders Acknowledgements:**

Aligning Science Across Parkinson's

Grant ID: ASAP-000282

## Abstract

This protocol details how to efficiently monitor Clusterin and Clusterin/Substrate uptake in different cell types, like HEK293T, iNeurons and iMicroglia.









## Attachments



[975-2532.docx](#)

21KB

## Guidelines

- To study Clusterin-A488 uptake in the presence of substrate, incubate [IM] 1 micromolar ( $\mu\text{M}$ ) Clusterin-A488 with the corresponding amount of substrate, e.g. denatured Luciferase or A $\beta$  aggregates, in PBS for  00:20:00 at  37 °C or  42 °C (denatured Luciferase) in a total volume of  30  $\mu\text{L}$  or  40  $\mu\text{L}$  in the case of HEK293T or iNeurons, respectively. After the incubation time dilute the mix 1/10 in media and add it to the cells resulting in a final concentration of [IM] 0.1 micromolar ( $\mu\text{M}$ ) Clusterin-A488 (  5  $\mu\text{L}$  ).
- To monitor substrate uptake e.g., denatured luciferase or A $\beta$  aggregates, in the presence of Clusterin, mix [IM] 0.2 micromolar ( $\mu\text{M}$ ) of denatured Luciferase-pHrodo or [IM] 0.5 micromolar ( $\mu\text{M}$ ) of A $\beta$ -pHrodo aggregates with the corresponding amount of unlabeled Clusterin in a total volume of  30  $\mu\text{L}$  or  40  $\mu\text{L}$  in the case of HEK293T or iNeurons, respectively. Dilute the mix 1/10 in media. pHrodo Red dye is pH sensitive dye which fluoresces brightly only in acidic environments and therefore can be used to specifically monitor phagocytosis and endocytosis, but substrates labeled with A488 can be also used.
- The indicated Clusterin-A488 or substrate concentrations and incubation times for each cell line are tentative. These parameters should be experimentally tested to be in the linear range of the assay.



## Materials

⌘ ACCUTASE™ 100 mL **STEMCELL Technologies Inc. Catalog #7920**






















⌘ Trypan Blue Solution 0.4% **Thermo Fisher Scientific Catalog #15250061**

## Troubleshooting



## Clusterin cellular uptake assay - HEK293T cells

25m

- 1 Plate 100,000 HEK293T cells per well in a 24-well plate.
- 2 On the next day, add  5  $\mu\text{L}$  of Clusterin-A488 together with  300  $\mu\text{L}$  of fresh DMEM (without fetal bovine serum,  1.5  $\mu\text{g}$  in  300  $\mu\text{L}$  medium) to the cells and place the cells back in the incubator. 
- 3 After  04:00:00 incubation, place the plate on ice to stop endocytosis. 4h
- 4 Wash the cells gently with cold 1x PBS. 
- 5 Add  100  $\mu\text{L}$  TrypL Express Enzyme (Gibco). Incubate for few minutes  On ice . 
- 6 Collect the cells with  400  $\mu\text{L}$  of cold medium and transfer them to an Eppendorf tube placed  On ice .
- 7 Centrifuge at  1000 x g, 4°C, 00:05:00 . 5m 
- 8 Discard the supernatant and fix the cells by resuspending the cell pellet with  200  $\mu\text{L}$  4% Paraformaldehyde (PFA) in 1x PBS. Incubate for  00:10:00 at  Room temperature . 10m 
- 9 Centrifuge at  1000 x g, 4°C, 00:05:00 . 5m 
- 10 Wash the cell pellet with 1x PBS. 



11 Centrifuge at 1000 x g, 4°C, 00:05:00 .

5m



12 Resuspend the cell pellets with 160 µL 1x PBS 7.2 and store at 4 °C until analyzed.

## iNeurons

1h

13 Add 5 µL of Clusterin-A488 to 250,000 iNeurons cultured in a well of a 12-well plate (add 2 µg Clusterin-A488 to 200 µL of fresh medium and add the mix to the well with cells containing 200 µL conditioned medium) and place the cells back in the incubator.



14 After 01:00:00 incubation place the plate On ice to stop endocytosis.

1h

15 Wash the cells gently with cold 1x PBS.



16 Add 100 µL Accutase. Incubate for 5-10 minutes On ice .



17 Collect the cells with 400 µL of cold medium and transfer them to Eppendorf low binding tubes placed On ice .

18 Centrifuge at 1000 x g, 4°C for 00:05:00 (swing-bucked centrifuge preferred).

5m



### Note

The use of low binding tubes and swing-bucked centrifuge significantly reduces cell loss.

19 Discard the supernatant and fix the cells by resuspending the cell pellet with 200 µL 4% PFA in 1x PBS. Incubate for 00:10:00 at Room temperature .

10m






- 20 Centrifuge at 1000 x g, 4°C, 00:05:00 (swing-bucked centrifuge preferred). 5m
- 21 Wash the cell pellet with 1x PBS.
- 22 Centrifuge at 1000 x g, 4°C, 00:05:00 (swing-bucked centrifuge preferred). 5m
- 23 Resuspend the cell pellets with 160 µL 1x PBS 7.2 and store at 4 °C until analyzed.

## iMicroglia

1h 15m

- 24 Dispense 150,000 iMicroglia cells per well with 300 µL medium into a Geltrex-coated 24-well plate.
- 25 Add 5 5 µL of Clusterin-A488 ( 1.5 µg in 300 µL medium) and place the cells back in the incubator.
- 26 After 00:30:00 incubation place the plate on ice to stop endocytosis, collect the cells and transfer them to Eppendorf low binding tubes placed On ice . 30m
- 27 Centrifuge at 1000 x g, 4°C, 00:05:00 (swing-bucked centrifuge preferred). 5m
- ### Note
- The use of low binding tubes and swing-bucked centrifuge significantly reduces cell loss.
- 28 Wash the cell pellet with 1x PBS.
- 29 Discard the supernatant and fix the cells by resuspending the cell pellet with 200 µL 4% PFA in 1x PBS. Incubate for 00:10:00 at Room temperature . 10m




30 Centrifuge at  1000 x g, 4°C, 00:05:00 (swing-bucked centrifuge preferred).

5m






31 Wash the cell pellet with 1x PBS.



32 Centrifuge at  1000 x g, 4°C, 00:05:00 (swing-bucked centrifuge preferred).

5m




33 Resuspend the cell pellets with  160 µL 1x PBS  7.2 and store at  4 °C until analyzed.



## Uptake quantification

1h 15m

34 Quantify Clusterin or substrate uptake by measuring A488 or pHrodo Red intensity inside the cells by flow cytometry. If A488 is used, add  50 µL of Trypan blue solution 0.4% (refer materials section) right before measuring to quench the 488 fluorescence outside the cells.



### Note

An Attune NxT flow cytometer (Thermo Fisher Scientific) can be used with the following settings:

- Alexa485: Excitation 488 nm - Emission 550/30.
- pHrodo Red: Excitation 561 nm - Emission 585/16.