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Calibration Protocol - Conversion of OD₆₀₀ to Colony Forming Units (CFUs)

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Richard Tennant¹, Paul Rutten¹

¹iGEM Measurement Committee

iGEM Measurement

Tech. support email: pauljrutten@gmail.com



Paul Rutten

The University of Oxford

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Abstract

This procedure can be used to calibrate OD_{600} to colony forming unit (CFU) counts, which are directly relatable to the cell concentration of the culture, i.e. viable cell counts per mL.

This protocol assumes that 1 bacterial cell will give rise to 1 colony.

For the CFU protocol, you will need to count colonies for your two Positive Control (BBa_I20270) cultures and your two Negative Control (BBa_R0040) cultures.

Guidelines

Disclaimer: The 2018 InterLab study found that this protocol gave very variable results. We therefore advise teams treat this protocol with some caution, and encourage them to find ways to improve it.

Materials

MATERIALS

8 96 well plate

Chloramphenicol (25 mg/ml in EtOH)

X LB Broth

2.0 mL Eppendorf tubes

Troubleshooting

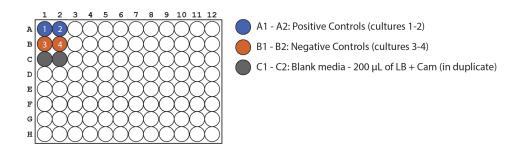
Before start

Read through this entire protocol carefully before you start your experiment and prepare any materials you may need. Please see disclaimer in guidelines section.



Sample Preparation

- This protocol will result in CFU/mL for $0.1 \, \text{OD}_{600}$. Your overnight cultures will have a much higher OD_{600} and so this section of the protocol, called "Sample Preparation", will give you the "Starting Sample" with a $0.1 \, \text{OD}_{600}$ measurement.
- Measure the OD_{600} of your cell cultures, making sure to dilute to the linear detection range of your plate reader. e.g. Add 25 μ L culture to 175 μ L LB + Chloramphenicol (Cam) in a well in a black 96-well plate, with a clear, flat bottom
- 3 Recommended plate setup is below. Each well should have 200 μ L



Dilute your overnight culture to $OD_{600} = 0.1$ in 1mL of LB + Cam media. Do this in triplicate for each culture.

Use $(C_1)(V_1) = (C_2)(V_2)$ to calculate your dilutions

 C_1 is your starting OD_{600}

 C_2 is your target OD_{600} (= 0.1)

 $V_1\, is$ the unknown volume in μL

 V_2 is the final volume (= 1000 μ L)



Expected result

Important:

When calculating C₁, subtract the blank from your reading and multiple by the dilution factor

you used.

Example: $C_1 = (1:8 \text{ OD}_{600} - \text{blank OD}_{600}) \times 8 = (0.195 - 0.042) \times 8 = 0.153 \times 8 = 1.224$

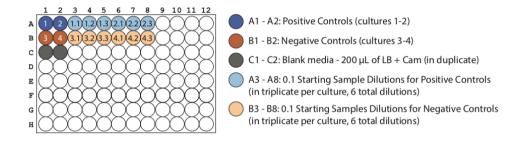
Example: $(C_1)(V_1) = (C_2)(V_2)$

 $(1.224)(x) = (0.1)(1000 \mu L)$ $x = 100/1.224 = 82 \mu L culture$

Add 82 µL of culture to 918 µL media for a total volume of 1000 µL

5 Check the OD_{600} and make sure it is 0.1.

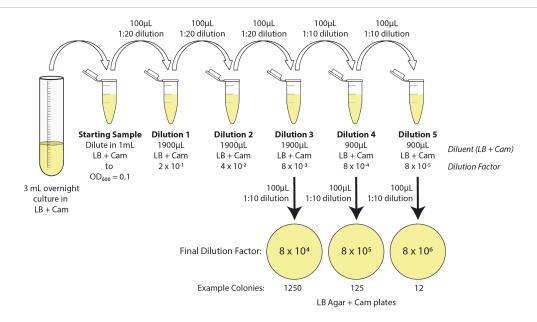
Recommended plate setup is below. Each well should have 200 μL.



Dilution Series

6 Do the following serial dilutions for your triplicate Starting Samples you prepared in Step 5. You should have 12 total Starting Samples - 6 for your Positive Controls and 6 for your Negative Controls.





- 7 You will need 3 LB Agar + Cam plates (36 total)
- 8 Prepare three 2.0 mL tubes (36 total) with 1900 μ L of LB + Cam media for Dilutions 1, 2, and 3
- 9 Prepare two 1.5 mL tubes (24 total) with 900 μ L of LB + Cam media for Dilutions 4 and 5
- 10 Label each tube according to the figure above (Dilution 1, etc.) for each Starting Sample
- 11 Pipet 100 μL of Starting Culture into Dilution 1. Discard tip. Do NOT pipette up and down. Vortex tube for 5-10 secs
- Repeat Step 11 for each dilution through to Dilution 5 as shown above
- 13 Aseptically spead plate 100 μ L on LB + Cam plates for Dilutions 3, 4, and 5
- 14 Incubate at 37 °C overnight and count colonies after 18-20 hours of growth



CFU/mL/OD Calculation

- 15 Based on the assumption that 1 bacterial cell gives rise to 1 colony, colony forming units (CFU) per 1mL of an $OD_{600} = 0.1$ culture can be calculated
- 16 First, count the colonies on each plate with fewer than 300 colonies
- 17 Next, multiply the colony count by the Final Dilution Factor on each plate

Expected result

Example using Dilution 4 from above:

```
# colonies x Final Dilution Factor = CFU/mL
                                        = 1 x 10^8 CFU / mL in Starting Sample (OD<sub>600</sub> = 0.1)
             \times (8 \times 10^5)
125
```

Congratulations!

18 You have now completed this calibration protocol