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## RNA extraction protocol (Trizol)

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Hébert FO, Grambauer S, Barber I, Landry CR, Aubin-Horth N, Transcriptome sequences spanning key developmental states as a resource for the study of the cestode *Schistocephalus solidus*, a threespine stickleback parasite. GigaScience, 2016, doi: <https://doi.org/10.1186/s13742-016-0128-3>

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## Abstract

This protocol describes how to extract total RNA from flatworms. It is from:

*Hebert, F, O; Grambauer, S; Barber, I; Landry, C, R; Aubin-Horth, N (2016): Reference transcriptome sequence resource for the study of the Cestode Schistocephalus solidus, a threespine stickleback parasite. GigaScience Database. <http://dx.doi.org/10.5524/100197>*

## Troubleshooting

## Safety warnings

 Make sure to work under the fume hood for the Phenol and Chloroform extraction sections.

## Before start

Pre-heat incubator at 65°C, clean bench surface and all the lab tools that will be used in the protocol (pipettes, tube holders, dissection forceps) with RNase Zap/Rnase Wipes. Make sure that isopropanol + ethanol are at -20°C.






## Phenol extraction



- 1 Add 1000  $\mu\text{L}$  of Trizol per 50-100 mg of parasite tissues in a 2 mL eppendorf tube (RNase free) and place the parasite tissues into their respective, labelled tube

### Note

If a worm weights more than 100 mg, divide the whole worm into fractions of ~50-100 mg

- 2 Add 1 metal bead into each tube and place the tubes into a TissueLyzer. Run it at 30 Hz for 3 minutes  
 00:03:00
- 3 Centrifuge at 12,000 x g for 10 minutes at 4°C  
 00:10:00
- 4 Discard top layer of liquid formed in the eppendorf after the centrifugation (contains fatty acids)
- 5 Transfer supernatant into a new and labelled eppendorf tube (2 mL).
- 6 Incubate at room temperature for 5 minutes.  
 00:05:00

## Chloroform extraction

- 7 Add 200  $\mu\text{L}$  of chloroform per tube
- 8 Mix vigorously by inverting the tubes up and down for 1 minute. **DO NOT VORTEX!**  
 00:01:00
- 9 Centrifuge at 12,000 x g for 15 minutes at 4°C  
 00:15:00

## Precipitation



- 10 Transfer with precaution the aqueous phase (supernatant) into a new 2 mL eppendorf tube

**Note**

Transfer small volumes (ex.  $\sim 7 \times 100 \mu\text{L}$ )

- 11 Add 500  $\mu\text{L}$  of RNase free isopropanol (100%) and mix thoroughly

- 12 Incubate for 15 minutes at room temperature

00:15:00

**Note**

If yields are too low, incubate for 30-40 minutes

- 13 Centrifuge at 12,000 x g for 10 minutes at 4°C

00:10:00

## Cleaning

- 14 Discard supernatant

- 15 Add 1000  $\mu\text{L}$  of 75% ethanol (kept cold at -20°C) per tube

- 16 Vortex thoroughly and centrifuge at 7500g for 5 minutes at 4°C.

00:05:00

- 17 Discard supernatant and let the tubes dry out with the cap opened for 5-10 minutes


00:05:00

## Resuspension

- 18 Add 20-50  $\mu\text{L}$  of DEPC treated water into each tube

- 19 Place the tubes into the incubator (65°C) for 1 minute



 00:01:00

20 Vortex thoroughly and repeat step 19 until RNA is completely dissolved.